

MOUNT CARMEL OUTREACH/STREET MEDICINE/URBAN HEALTH

Jack O'Handley, M.D.

- Mobile Coach/Street Medicine
- Urban Health
- Church Partnerships
- My Baby and Me
- Crime and Trauma Assistance Program
- Welcome Home

**MOUNT CARMEL OUTREACH**



# CDC Health Impact Pyramid

## Factors that Affect Health



# CDC Definition of SDOH

- “Conditions in the environments in which people live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.”

(Centers for Disease Control and Prevention [CDC], n.d.)

- Transportation Barriers
- Housing
- Underemployment
- Unemployment
- Education
- Social Exclusion
- Early Childhood Development
- Stress
- Insurance

## **Social Health Determinants**

- Street Medicine/Mobile Coach
- Narcan Education and Distribution
- Mental Health Services
- STI Testing
- Counselling
- Spiritual Care
- Housing Placement
- Visits to Homeless Camps

## **COMMUNITY SERVICE ACTIVITIES**



- The Mission of the Outreach Mobile Coach and Street Medicine Program is to serve those who have barriers to necessary and appropriate healthcare.
- This includes the homeless, vulnerable
- This includes people who have no way to pay for healthcare services
- This includes people like you and me

**Who We Serve**



- Mount Carmel's Outreach Program was started in the mid 1980's
- Sister Pat Carroll started seeing patients for nursing assessments at the Open Shelter
- 1990 Family Practice residents from Mount Carmel provided urgent medical care at the Open Shelter
- 1998 Our first mobile clinic was launched

## Small Beginnings

- 2001 A full time Medical Director was hired
- 8 sites around Columbus were visited on a regular schedule
- 2010 A new mobile clinic was purchased through the Mount Carmel Foundation
- 2010 The Street medicine visits began on a weekly basis

## **Small Beginnings (contd.)**











- Data Entry Staff
- Case Managers who are Spanish Speakers
- RNs
- Physician and Nurse Practitioner
- Medical Technician—also serves as driver
- Hospital interpreter as needed
- Mount Carmel Chaplain
- Patient Advocate
- Partnering Staff—
  - Southeast Mental Health Staff
  - Maryhaven Rehab and Housing Specialists
  - Healthcare for the Homeless Caseworker
  - VA representative

Staff



- Garden Church in the Short North
- Stowe Mission
- St. Stephen the Martyr Catholic Church
- Holy Family Soup kitchen
- Hoge Memorial Church
- Salvation Army Rehab Center
- Gillie Center
- Star House Nurse clinic
- NNEMAP
- BNCC

Street medicine-each Tuesday and fourth Wednesday of each month

## Current Clinic Sites

- 45% have mental health issues
  - 25% of these are serious
- Chronic depression, schizophrenia, bipolar
- 46% reported alcohol problem
- 38% reported drug addiction
- Many have addiction, mental health, and physical health problems

## **Mental Health, Drug and Alcohol Addictions in the Homeless**

- Services the 12 Health Determinates Standing in the Way of Good Health for Many Vulnerable Residents.
- Diabetes Prevention Program
- Substance Abuse Peer Specialist to Assist in Treatment Program Enrollment.

**URBAN HEALTH MANAGEMENT**

- Works to Assist and Empower Faith Communities
- Health Screening
- Develops Congregational Support Groups
- Establishes Health Ministry Teams

**Church Partnerships**



Questions???