



Suncoast Alzheimer's & Gerontology Center
"A world leader in Alzheimer's disease research....
with community roots."



The Seven Warning Signs of Alzheimer's Disease

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The purpose of this list is to alert the public to the early warning signs of one of the most devastating disorders affecting older people – Alzheimer's disease. If someone has several or even most of these symptoms, it does not mean that they definitely have the disease. It does mean that they should be thoroughly examined by a medical specialist trained in evaluating memory disorders, such as a neurologist or a psychiatrist, or by a comprehensive memory disorder clinic, with an entire team of experts knowledgeable about memory problems.

The seven warning signs of Alzheimer's disease are:

1. Asking the same question over and over again.
2. Repeating the same story, word for word, again and again.
3. Forgetting how to cook, or how to make repairs, or how to play cards – activities that were previously done with ease and regularity.
4. Losing one's ability to pay bills or balance one's checkbook.
5. Getting lost in familiar surroundings, or misplacing household objects.
6. Neglecting to bathe, or wearing the same clothes over and over again, while insisting that they have taken a bath or that their clothes are still clean.
7. Relying on someone else, such as a spouse, to make decisions or answer questions they previously would have handled themselves.

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If someone you know has memory problems, we can help.