



## USF Health Service Corps Sponsored Projects for Spring Semester, 2011 (Updated: May 10, 2011)

These projects and events are sponsored and approved by the USF Health Service Corps and are also listed in a calendar format at [USF Health Service Corps Calendar](#). Interested USF Health students, faculty, staff and community partners are welcome to contact Ellen Kent, MPH, CPH, Coordinator for the USF Health Service Corps, at [ekent@health.usf.edu](mailto:ekent@health.usf.edu) or 813-974-6622, to suggest additional events and projects that may be added to this page.

**STUDENTS:** First, thank you for your interest in participating in these service opportunities. Second, please remember that you should **NOT** miss scheduled classes/labs to participate in these service activities. Please note that some of the events listed below may have the name and email for a student leader of a specific student organization (so that you can have a contact person/liason with whom you can sign up as a volunteer) but this does **NOT** limit participation to only those members of that particular student organization. In fact, the only events which have specific participation requirements are the clinical events listed in Section I, below. All other non-clinical service events and projects are open to ALL USF Health students. Once that you sign up for an event, you will receive final detailed information pertaining to exact arrival times and driving directions a few days before hand. If you sign up for a service event and can not come at the last minute, please notify the contact person so that we can plan accordingly. Thank you for your consideration!

**COMMUNITY PARTNERS:** Please contact Ellen Kent, MPH, CPH, Coordinator for USF Health Service Corps, at [ekent@health.usf.edu](mailto:ekent@health.usf.edu), with questions about these service events or if you wish to collaborate with the Service Corps. Thank you!

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### (I) Important Policies and Procedures Pertaining to USF Health Service Corps Health Fairs & Screening Events

(A) Health fairs & screening events that are posted on the USF Health Service Corps website (<http://health.usf.edu/ahec/USFHealthServicesCorps/hscevents1.htm>) and calendar (<http://my.calendars.net/servicecorps>) are considered sanctioned/approved by USF Health. Students from USF Colleges of Medicine and Nursing and School of Physical Therapy and Rehabilitation Sciences who participate in clinical screenings will be covered for liability purposes.

(B) University and Community partners should make the requests for USF Health students to participate in health fairs directly to Ellen Kent, MPH, CPH, Faculty Coordinator, USF Health Service Corps and **NOT** to individual students. This system prevents confusion and duplication of efforts and allows for a more coordinated process. If a request is made to a student, that request should **immediately** be forwarded on to Ellen Kent, MPH, CPH, so that she can verify that: there will be appropriate clinical supplies; there will be appropriate clinical supervision; and the event is accurately listed on the Service Corps websites.

(C) If a COM, CON or PT student or student organization have an idea for a health fair for a specific population, they should first contact Ellen Kent, MPH, CPH, Coordinator for USF Health Service Corps, and she can assist them with the essential details related to the planning, implementation and evaluation of the health fair.

(D) When you sign up for a health fair, be sure to indicate your academic program of study. Remember that when you participate in USF Health Service Corps activities, that you are representing USF Health/USF and that you are expected to dress and act in a highly professional manner. Please feel free to contact Ellen Kent, MPH, CPH, Coordinator for the USF Health Service Corps at [ekent@health.usf.edu](mailto:ekent@health.usf.edu) if you have any questions about health fairs sponsored by USF Health Service Corps and she will be happy to help you.

(E) Specific information for USF Health students who are enrolled in clinical programs: *Trained* medical (COM) and nursing (CON) students may participate in all screening activities (e.g. blood sugar and cholesterol screenings, BMI, vital signs) as well as the administration of flu shots, under the direct supervision of a USF Health clinical faculty member or a community health care provider with a USF Health clinical appointment. At selected health fairs, *trained* physical therapy (DPT) students may also perform specific physical therapy screening activities (e.g. posture assessments, sports physicals) under the direct supervision of a clinical faculty member in the School of Physical Therapy & Rehabilitation Sciences. Also, medical students who have completed the Prevent Blindness Certification training program and are certified trainers can participate in vision screening at USF Health Service Corps health fairs/screening events. COM, CON and PT students must wear their lab coat and ID card at all times and should arrive prior to the health fair to participate in an orientation session. *\*Again, please note that COM, CON and DPT students must have completed the appropriate clinical skills training sessions in their respective academic programs before they sign up for these clinical events.*

(F) Specific information for USF Health graduate students who are not enrolled in a clinical training program: Students enrolled in the College of Public Health (COPH) and COM non-clinical programs may assist with a wide variety of important non-clinical activities at health fairs (e.g. health education and fitness activities; fitting children with bicycle helmets; serving as interpreters). Please wear USF Health t-shirts.

*Useful Resources:* Policies and Procedures: [USF Health Service Corps Health Fair Policies Procedures and Advisory Committee .pdf](#) and List of Clinics That Provide Care for the Uninsured and Underinsured: [Referral Clinic Sites 2010.pdf](#)

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## I. List of Health Fairs & Other Health Screenings

**Thursday, January 27<sup>th</sup>, 4:30 pm-7pm. Vision screening in collaboration with TGH Community Relations & Prevent Blindness Florida (PBF) at TGH Community Health Education Center.** COM students who have completed the PBF Certification training program and are certified trainers can participate in vision screening, sign up with Roshni Ranjit, MSII, Student Interest Group In Ophthalmology (SIGIO) at [rranjit@health.usf.edu](mailto:rranjit@health.usf.edu). (Up to 8 trained volunteers)

**Wednesday, February 16<sup>th</sup>, 5:30 pm – 8:30 pm. Committed Action to Community Health (CATCH) Health Fair at Tampa Bay Downs, Oldsmar.**

**Clinical activities:** Medical and nursing students can assist with blood sugar, blood cholesterol and blood pressure screening activities. Clinical supervision provided by Catholic Mobile Medical Services. Trained COM and CON students can sign up with Price Dehay, [pdehay@health.usf.edu](mailto:pdehay@health.usf.edu), Co service chair, COM Class of 2014 (Up to 10 COM/CON student volunteers) Physical Therapy students will assist with PT screening procedures; clinical supervision provided by School of Physical Therapy and Rehabilitation Sciences faculty. DPT students may sign up with Dr. Quillen.

**Non-clinical activities:** Any interested USF Health students can assist with delivering donated food, interpreting and health education displays; please sign up with Julianna Naccarato at [jnaccara@health.usf.edu](mailto:jnaccara@health.usf.edu) with the Interdisciplinary Medical Science (IMS) Program. (Up to 5 student volunteers)

**Saturday, March 12<sup>th</sup>, 9:30 am - 3 pm. USF Health students are invited to participate with TGH and Moffitt Cancer Center in the Men's Health Forum presented by The Florida Prostate Cancer Network at USF Marshall Center.**

**Clinical activities:** Up to 15 medical and nursing students can assist with blood sugar, blood cholesterol and blood pressure screening activities and patient education. Clinical supervision provided by USF Health clinical faculty. Trained COM and CON students can sign up with Ricky Ayson, [fayson@health.usf.edu](mailto:fayson@health.usf.edu) with CON Student Council (Up to 15 COM/CON volunteers).

**Vision screening:** COM students who have completed the Prevent Blindness Certification training program and are certified trainers can participate in vision screening, sign up with Vignesh Doraiswamy, MSI, [vdoraisw@health.usf.edu](mailto:vdoraisw@health.usf.edu), Student Interest Group In Ophthalmology (SIGIO) (Up to 6 student volunteers)

**Non clinical activities:** Any interested bilingual USF Health students can assist as interpreters, sign up with Ellen Kent at [ekent@health.usf.edu](mailto:ekent@health.usf.edu).

**Saturday, March 26<sup>th</sup>, 9:30 am - 2 pm. USF Health students are invited to participate in the 3rd Annual Welcome Home America's Heroes fair on the USF campus with the Veterans Health Care Administration!**

**Clinical activities:** Medical and nursing students can assist with blood sugar, blood cholesterol and blood pressure screening activities and patient education. Clinical supervision provided by USF Health clinical faculty. Up to 10 COM and CON students can sign up with Erika Reese, [ereese@health.usf.edu](mailto:ereese@health.usf.edu) with Military Interest Group.

**Wednesday, March 30<sup>th</sup>, 8:30 am – 3 pm. Women's Health Fair at San Jose Mission in Dover.**

**Clinical activities:** *Bilingual* medical or nursing students can assist with health histories and blood pressure screenings, under clinical supervision of Catholic Mobile Medical Services. Graduate nurse students can assist with women's health examinations, under clinical supervision of USF CON faculty. CON ARNP faculty and students can sign up with Ellen Kent at [ekent@health.usf.edu](mailto:ekent@health.usf.edu).

**Non clinical activities:** Any interested bilingual USF Health students can assist as interpreters, sign up with Ellen Kent at [ekent@health.usf.edu](mailto:ekent@health.usf.edu).

**Saturday, April 16<sup>th</sup>, 9:30 am – 3 pm. Palmetto Beach Health Fair.**

**Clinical activities:** Trained medical or nursing students can participate in the clinical activities of performing blood sugar, blood cholesterol screenings for adults. Clinical supervision provided by Catholic Mobile Medical Services. Trained COM and CON students can sign up with Price Dehay, [pdehay@health.usf.edu](mailto:pdehay@health.usf.edu) with American Medical Student Assn (AMSA) . (Up to 15 COM/CON student volunteers). Clinical supervision provided by Catholic Mobile Medical Services.

**Vision screening:** COM students who have completed the Prevent Blindness Certification training program and are certified trainers can participate in vision screening, sign up with Vignesh Doraiswamy, MSII, [vdoraisw@health.usf.edu](mailto:vdoraisw@health.usf.edu) with Student Interest Group In Ophthalmology (SIGIO) (Up to 6 student volunteers).

**Non-clinical activities:** Any interested USF Health students can assist with: interpreting; health education displays and games; fitness and safety activities, sign up with Arturo Rebollon, COPH, [arebollo@health.usf.edu](mailto:arebollo@health.usf.edu) with International Health Service Collaborative (IHSC) . (Up to 10 student volunteers).

**(RESCHEDULED!) Saturday, June 11<sup>th</sup>, 9:30 am – 3 pm. Multicultural Health Fair at University Area Community Center.**

**Clinical activities:** Medical and nursing students may assist with vital signs, BMI, health histories, and basic screening tests. Clinical supervision provided by Catholic Mobile Medical Services.

**Non-clinical activities:** Any interested USF Health students can assist with: interpreting; health education, fitness and safety activities. (Contact persons/student leaders TBA)

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## II. Special Events

**Thursday, Feb 3<sup>rd</sup>, 6:30 pm – 8:30 pm. Hope Lodge Valentines Day Dessert Party !** USF Health students are invited to a fun dessert party with the residents at the American Cancer Society's Benjamin Mendick Hope Lodge who are being treated for cancer at Moffitt and other area hospitals. Any interested USF Health students can sign up with Megan Mabis, MSII, [mmabis@health.usf.edu](mailto:mmabis@health.usf.edu) with Interdisciplinary Oncology Interest Group (IOIG) (Up to 20 student volunteers) (When you sign up, please be sure to specify what type of Valentine's Day dessert you can bring! Thanks!)

**Thursday, February 10<sup>th</sup>, 5:45 pm- 8 pm. Early Valentines Day Party at the Spring!** USF Health students are invited to help children and teens who are residing at the Spring of Tampa Bay (<http://www.thespring.org/>) to create Valentines Day arts and crafts projects for their mom or dad. Any interested USF Health students can sign up with Sadia Ali, MSII, [sali@health.usf.edu](mailto:sali@health.usf.edu) with Student Physicians for Social Responsibility (SPSR). (Up to 10 student volunteers) (Please bring arts & crafts supplies).

**Friday, February 11<sup>th</sup>, 1:45- pm - 4 pm. Love a Senior Day at Weinberg Village!**

USF Health students are invited to serve as volunteers by helping the seniors with a variety of arts and crafts and other activities. Any interested USF Health students can sign up with Erin Kellner, MS II, [ekellner@health.usf.edu](mailto:ekellner@health.usf.edu), with Jewish Medical Student Association (JMSA) (Up to 15 student volunteers).

**Saturday, February 12<sup>th</sup> (morning shift 8:30 am-12 noon, afternoon shift 12:30 – 3 pm ). No Limits Sports Clinic with Shriners at All Peoples Center near King High School.** Student volunteers can assist with a variety of fun wheelchair sports. Volunteers should specify if they wish to sign up for the morning or afternoon shift, please, and up to 10 students can sign up per shift. Any interested USF Health students can sign up with Corrine Codner, DPT 2012, [ccodner@health.usf.edu](mailto:ccodner@health.usf.edu) with Association of Physical Therapy students (APTS) (Up to 20 student volunteers).

**Thursday, March 3<sup>rd</sup> 5:45 pm - 8pm. Just Kids Holiday of Hope Party at Shriners Hospital for Children !**

USF Health student volunteers can assist with a variety of crafts activities, serving yummy snacks, etc. Any interested USF Health students can sign up with Shamol Williams, MSII, [swillia6@health.usf.edu](mailto:swillia6@health.usf.edu), co-service chair COM Class of 2013 (Up to 10 student volunteers).

**Friday, March 4<sup>th</sup>, 4:30-7 pm. (Rain date of March 11<sup>th</sup>). Fitness and Fun Picnic at Riverfront park for Farmworkers Self Help's Teen Dream Group.** (Please see <http://fshflorida.org>) USF Health student volunteers can participate in a variety of fun sports and fitness activities with the kids! Any interested USF Health students can sign up with Natasha Smith, COPH, [nsmith@health.usf.edu](mailto:nsmith@health.usf.edu) with Global Health Student Association (GHSA). (Up to 15 student volunteers).

**Saturday, March 5<sup>th</sup>, 10:45 am to 3 pm. USF College of Education "Learning is Wonder-bull!" Children's Festival.**

The festival will be held around the College of Education Building. This is a great chance to motivate kids to become a health professional, just like you are studying to be! COPH students can participate in handwashing education activities and COM, CON, DPT students can show the kids their 'tools of the trade' (e.g . goniometer, BP Cuff, stethoscope!) Any interested USF Health students can sign up with Arturo Rebollo, [arebollo@health.usf.edu](mailto:arebollo@health.usf.edu), with International Health Service Collaborative (IHSC) (Up to 8 student volunteers).

**March 8<sup>th</sup>, 12-4 pm. Spring Sprucing Up the San Jose Clinic.** USF Health student volunteers can assist with pressure washing the clinic at San José Mission! Any interested USF Health students can sign up with Michael Schnaus, [mschnaus@health.usf.edu](mailto:mschnaus@health.usf.edu) with COM class of 2014. (Up to 8 student volunteers each day).

**Friday April 1<sup>st</sup>, Bike rodeo, safety and fitness activities at Dunbar Elementary School!** (To kick off National Public Health Week – this year's theme is "Safety is No Accident: Live Injury-free!") USF Health student volunteers can assist with a bike rodeo (8:30 am- 1:30 pm) and health ed/activity stations (11:30 am – 2:30 pm) ! Any interested USF Health students can sign up with Alyssa Schmidt, COPH, [aschmid3@health.usf.edu](mailto:aschmid3@health.usf.edu) with Public Health Student Association (Up to 20 students).

**Saturday April 9<sup>th</sup>, 9:30 am – 1 pm. Health Awareness and safety fair at Sligh Middle School! (to wrap up National Public Health Week!)** USF Health student volunteers can assist with a variety of health ed/ fitness activity stations. Any interested USF Health students can sign up with Natasha Smith, COPH, [nsmith@health.usf.edu](mailto:nsmith@health.usf.edu) with Global Health Student Association (GHSA). (Up to 15 student volunteers)

**Saturday morning, April 9<sup>th</sup>. Paint Your Heart Out Tampa!**

Come have a heart and join the USF Health student team for 'Paint our Heart Out' Tampa. You will be able to have fun while you brighten the lives and homes of low-income elderly homeowners in the City of Tampa! Interested students can sign up with Ellen Kent at [ekent@health.usf.edu](mailto:ekent@health.usf.edu) See also <http://www.paintyourheartouttampa.com/index.asp>.

**May 13-15<sup>th</sup> - 2011 Dixie Games!** <http://www.dixiegames.com/index.html> The Dixie Games, a 3-day competition for athletes with physical disabilities for youth and adults, held in Olympic-style venues, is being held in Tampa again this year. The Dixie Games are being hosted by Hillsborough County Parks and Recreation and the Paralympic Sport Tampa Bay organization. The dates are May 13<sup>th</sup> through May 15<sup>th</sup>, 2011 and will be held at various sites in Tampa, includes All Peoples Center in Temple Terrace, the USF track, the Embassy Suites Hotel on Fowler and the Temple Terrace Pool. There will be numerous opportunities within those venues to help out with the sporting events as well as equipment set up/tear down, logistics, social events, etc. Held in Olympic-style venues, this event allows athletes to showcase their abilities in a variety of sports including track, field, swimming, archery, table tennis, fencing and weightlifting. Athletes with physical disabilities such as amputations, cerebral palsy, visual impairments and spinal injuries will gather to display their abilities in the heat of competition throughout the week. Each athlete competes according to their functional classification for the sport, age and gender. See also: <http://health.usf.edu/NR/ronlyres/D5218760-81DD-4C05-A3F8-4DB1B4D7A27E/0/DGVolunteersGeneralInformationweb20111.pdf>

All volunteers must be at least 16 years old.

All volunteers must sign and return the Insurance Waiver and Release of Liability Waiver form. This form must be on file prior to volunteering. See <http://health.usf.edu/NR/ronlyres/E4F5D096-3449-49B9-BF7B-63E70891A47B/0/DG2011DixieGamesWaiver.pdf>

Please select the days, times and events you would like to work, select a T-shirt size and then mail or fax the completed Volunteer Application

<http://health.usf.edu/NR/ronlyres/B35A6B73-2702-42AE-826A-34AAE7A95EE8/0/DGVolunteerSignUpSheet2011.pdf>

and signed Insurance Waiver and Release of Liability form to: Shriners Hospitals for Children® Attn: Marilyn Harper - Rehab Department 12502 USF Pine Drive Tampa, FL 33612 (813) 975-7142 Fax: (813) 866-7743


If you have any questions, please contact Volunteer Coordinator Marilyn Harper ([mharper@shrinenet.org](mailto:mharper@shrinenet.org)).

**STAMP OUT HUNGER!** Local postal carriers will be collecting and delivering non-perishable food on Saturday May 14<sup>th</sup>. ECHO of Brandon (Emergency Care Help Organization). is in need of volunteers on Saturday May 14 and Sunday May 15 to unload, sort and pack the food. 3 shifts are available each day. Volunteers should be team players and able to work without supervision. Volunteers will sort the food inside of the Feeding America warehouse on 50th St right off SR 60. (4702 Transport Dr, Building 6, Tampa 33605). There are many volunteer shifts to choose from.

5/14 Saturday shifts: 1:00 to 3:30 pm ; 2:30 to 5:30 pm or 4:30 pm to 7:00pm

5/15 Sunday shifts: 10 am to 12:30pm , 12:30 to 3:00 pm or 3:00 pm till done

Refreshments will be provided for volunteers. Volunteers must be 11 years of age or older. Need to wear closed toe shoes.

Please sign up directly online at [www.echofl.org](http://www.echofl.org) and click on the green tab that says  and then locate the shift that you want to volunteer for. Alternatively, you can sign up by emailing the Director, Stacey Efaw at [stacey@echofl.org](mailto:stacey@echofl.org).

**Sunday, May 22<sup>nd</sup>, 3 pm - 5 pm. San José Mission Fitness and Fun Day!**

Earlier in the spring we had two separate events at the San José Mission that were unfortunately rained out, so we are rescheduling these events to May 22<sup>nd</sup> ! So on May 22<sup>nd</sup> our USF Health Service Corps volunteers can choose between two service projects! You can sign up for EITHER:

(a) Sports and fitness and nutrition activities with the kids (in front part of mission) sign up with Jessica Deslauriers, COM 2014, at [jdeslaur@health.usf.edu](mailto:jdeslaur@health.usf.edu) OR

(b) Painting the clinic (rear part of mission) ! Please sign up with Michael Schnaus , COM 2014, at [mschnaus@health.usf.edu](mailto:mschnaus@health.usf.edu)  
At 5, we will have a quick wellness lesson and snacks for the kids and the volunteers!

### III. Fun Fundraising Events

**Saturday, January 29<sup>th</sup>, Run in the Dirt for the Hurt 5K ! Registration at 7:30AM, race at 8:30AM at Trout Creek Park.**

12550 Morris Bridge Road Thonotossassa, Florida. See <http://www.active.com/5k-race/thonotossassa-fl/run-in-the-dirt-for-the-hurt-5k-2011-pl524> "Run in the Dirt for the Hurt" 5K is the first annual fundraiser hosted by the American Medical Student Association from the USF College of Medicine. The funds raised will benefit the local free clinics in the Tampa Bay area: BRIDGE Healthcare Clinic, Judeo Christian Health Clinic, Brandon Outreach Clinic, and San Jose Mission Clinic in Dover. The clinics provide healthcare to the underserved in our community, including medical services, physical therapy, and social services, all free of charge. We hope to not only raise money to help these clinics provide these services, but to raise awareness of the clinics, as well as to promote collaboration among them in order to provide the best care possible to the underserved of our communities. Even if you are unable to run, please email Conrad Vinalon at [cvinalon@health.usf.edu](mailto:cvinalon@health.usf.edu) with your availability and preference for set up/disassembly, registration, or course directing/cheerleading!

**Saturday, February 19<sup>th</sup>** . Registration at 9:00am; Walk at 10. Tampa Bay's first annual National Eating Disorders Association (NEDA) Walk at Al Lopez Park in Tampa. Here is the link to our USF Health Service Corps team web site:

[http://neda.nationaleatingdisorders.org/site/TR/NEDAWalk/General?fr\\_id=1280&pg=team&fr\\_id=1280&team\\_id=2220](http://neda.nationaleatingdisorders.org/site/TR/NEDAWalk/General?fr_id=1280&pg=team&fr_id=1280&team_id=2220)

When you go to this link, you can click on : **Join Team OR Make a gift!** The Tampa Bay NEDA Walk 2011 helps to raise awareness and funds to support individuals and families affected by eating disorders. Your contribution will help NEDA continue to build on critical programs and services such as a National Toll-Free Helpline, National Eating Disorders Awareness Week, Research Grants for Young Investigators, an annual Conference for Families and Professionals & Toolkits for Parents and Educators.

**The Walk to defeat ALS will be held at USF on Saturday March 12<sup>th</sup>, 2011, walk begins at 10 am, registration at 8:30 am!** If you are interested in starting a team, joining a team or contributing to this effort please visit the website at [http://web.alsa.org/site/TR?sid=4340&type=fr\\_informational&pg=informational&fr\\_id=7140](http://web.alsa.org/site/TR?sid=4340&type=fr_informational&pg=informational&fr_id=7140) . Amyotrophic lateral sclerosis, or ALS, is a disease of the nerve cells in the brain and spinal cord that control voluntary muscle movement. ALS is also known as Lou Gehrig's disease.

**Sunday, March 27<sup>th</sup>, 7 pm -10 pm. Gifts of Love FUN FAMILY FUNDRAISER event to benefit the BRIDGE Healthcare Clinic! See flyer at: [KaleisiaGiftsofLove2011flyer2.pdf](#)** Gifts of Love is Kaleisia's annual community building and charity event. This year the Gifts of Love event will support the [BRIDGE Healthcare Clinic](#), a student-run free clinic that serves the uninsured and underserved adults of the University Community Area. There will be face painting, silent and live auction, henna tattoo artist, balloon artist, photo booth, and a community talent showcase. The winner will receive \$100 and a month of all you can drink tea at Kaleisia. You can pre-purchase a \$5 love donation, which includes food, drinks, entertainment, and a raffle ticket or purchase a ticket at the door for \$7. If you cannot attend the event but would like to purchase a raffle ticket, you will still be able to win a prize. All you have to do is save your ticket. When raffle ticket numbers are called, we will post it on the Kaleisia tea website and facebook for you to check at home. If you have a winning ticket, you can claim your prize(s) by bringing the ticket to the tea lounge. For more information pertaining how to sign up for the talent show or how to donate auction items (e.g. gifts certificates), contact the BRIDGE Clinic Manager Yalile Perez at [yperez1@health.usf.edu](mailto:yperez1@health.usf.edu) .

**April 8<sup>th</sup> -9<sup>th</sup>, Relay for Life at USF Soccer and Track Stadium. (Walk begins 6 pm Friday evening, April 8<sup>th</sup>).** [http://main.acsevents.org/site/TR/RelayForLife/RFLFY11FL?pg=entry&fr\\_id=29613](http://main.acsevents.org/site/TR/RelayForLife/RFLFY11FL?pg=entry&fr_id=29613) You can click on this website and scroll down to locate the links to sign up for the different USF Health teams: [USF College of Nursing Student Council](#) and [Lab Rats](#)

**Saturday, April 30<sup>th</sup>, 8 am -10 am. March of Dimes 'March for Babies' walk in Tampa**, starting at the St. Pete Times Forum, 401 Channelside Drive, Tampa, FL, 33602 You can access the web page by going to <http://www.marchforbabies.org/> - then click on 'Join a team', then type in USF Health, hit 'search', and click on the [USF Health Service Corps Team](#) link that will appear in the next window. Please contact Ellen Kent at [ekent@health.usf.edu](mailto:ekent@health.usf.edu) if you have any questions and for additional details!

**Saturday morning, May 14<sup>th</sup>, 2011 ! Miles for Moffitt!** <http://www.milesformoffitt.com/> and then go to: bar that says Miles for Moffitt Five-Mile/5k/One-Mile. if you wish to run/walk, click on the register tab and if you wish to volunteer, click on the volunteer tab! Either way, you will benefit the community and have lots of fun!

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#### **IV. Health Education and Other On Going Service Projects**

##### **AMAZING new opportunity for our USF Health students to serve as science fair judges!**

We are looking for enthusiastic USF Health students, with a knowledge of /and appreciation for research, and a desire to help youth, to serve as judges for the Hillsborough Regional Science and Engineering Fair, to be held February 14<sup>th</sup> at the Tampa Convention Center! Elementary division judges are asked to dedicate 4 hours of their time, from 9 am to 1 pm, & secondary division judges (middle and senior high school) are asked to dedicate 5 hours of their time, from 11 am - 4 pm. To sign up, please email Ellen Kent, MPH, CPH, USF Health Service Corps Coordinator, at [ekent@health.usf.edu](mailto:ekent@health.usf.edu) as soon as possible and specify whether you wish to serve as a judge for the elementary or secondary school division and then she will help you with the registration process. There are no specific requirements for judges and all judges will be provided with appropriate judging criteria and judging forms before the respective judging sessions. lunch will be provided to judges! This is a great way for our USF Health student researchers to serve as judges/mentors for younger students in the public schools on Feb. 14<sup>th</sup>!

**Unique opportunity to teach youth in the public schools !** <http://health.usf.edu/NR/rdonlyres/1FA18549-AB87-4424-AED2-5D3C58762EE9/0/Spring2011TeachIn.pdf> We have established partnerships with a number of local elementary, middle and high schools in Hillsborough County, which welcome our excellent USF Health students to serve as volunteer teachers! You can teach one day, or once a week or once a month, whatever works best for you!

**WHEN:** Fridays seem to work out very well for both the USF Health students and the public schools, however if you are only available to teach on another day of the week, do not worry, and please feel free to sign up for another week day!

**HOW:** To sign up, please email the USF Health Service Corps Coordinator, Ellen Kent, MPH, CPH, at [ekent@health.usf.edu](mailto:ekent@health.usf.edu) with this information: *Email subject line:* Teaching in the schools

*Email Content Matter:* Please include the following info: Your name(s) (feel free to sign up with a friend); Your academic program; What age you prefer to teach (elementary, middle or high school) ; Subject matter that you plan to teach; your phone number and what Fridays & times you can teach. (Please do NOT miss scheduled classes/labs to participate in this or other service activities). It is best to list a few Fridays and then Mrs. Kent will match you to a local school that is looking for speakers and call you with final details, directions, contact information at the school, etc.

**What should I talk to the students about?** You can bring in your 'tools of the trade' associated with your particular academic program (e.g. a stethoscope; a pedometer; mask, scientific meter, etc.) and you can explain how you use these items. It is helpful to tell the students what you plan to do in your future health profession, the number of years of education and training needed for your profession, and job outlook. You may also wish to lead the students in an activity (e.g. hand washing). You may

also wish to describe an exciting domestic/ international field experience or service trip that you participated in. You can also teach the students about what they can do to stay healthy/prevent illness and injury.

**USF Health Homework Help Sessions at San José Mission - one Monday a month, 5-7 pm.** See flyer at <http://health.usf.edu/NR/rdonlyres/FD00FB82-BDC5-479B-9A49-25615C2ED3FD/0/mondaymentoring.pdf> . Any USF Health student with a passion for helping kids can sign up to help as a tutor/mentor during our new USF health help sessions on the following Monday evenings: January 10, 2011; February 7, 2011 ; March 7, 2011; April 11, 2011. Please contact Daniel Matta, MSII, [dmatta@health.usf.edu](mailto:dmatta@health.usf.edu) with LMSA to sign up . Students need to sign up in pairs, please (e.g. either 2 or 4 students). NOTES: You do not need to speak Spanish because the youth who are school aged whom we will be mentoring speak English. If you wish to plan a special health education session, please indicate your plan when you sign up with Daniel Matta with LMSA.

**The Refugee Youth and Family Program and the Florida Center for Survivors of Torture** are non-faith based programs of Gulf Coast Jewish Family Services, Inc. ([www.gcjfs.org/fcst](http://www.gcjfs.org/fcst)). We need tutors to help refugee children succeed in school. We also need volunteers to help teach English to our adult clients in the Florida Center for Survivors of Torture program. **Please note this is a six month commitment**; please contact our Volunteer Coordinator for Hillsborough County: Sebastian Melo [smelo@gcifs.org](mailto:smelo@gcifs.org) 813-558-1370 or for Pinellas County Marcella Ramsey, [mramsey@gcifs.org](mailto:mramsey@gcifs.org) 727-450-7275).

**Catholic Mobile Medical Services** weekly primary care clinic at San José Mission in Dover, Every Monday evening, 5-8 pm. (See also <http://home.catholicweb.com/ccdosp/index.cfm/NewsItem?id=307940> )Note: the majority of the adults who seek care at this clinic are only able to speak and understand Spanish. This service learning option has both a clinical and non clinical component. Clinical component: Bilingual medical and nursing students will learn about primary care through shadowing and assisting residents and volunteer physicians - there is room for two Spanish speaking clinical (COM or CON) students at a time; please sign up with Sister Sara Proctor, PA, at (813) 690-7467 at least a week in advance . Non clinical component: Bilingual USF Health students can assist as interpreters in waiting room, there is room for one student at a time please sign up with Sister Sara Proctor, PA, at at (813) 690-7467 at least a week in advance.

**Judeo Christian Health Clinic.** <http://www.judeochristianhealthclinic.org/> COM and CON students can assist with many activities in the clinic and bilingual USF Health students can serve as interpreters, during regular workday hours, of 8 am-5 pm, Monday-Friday. The clinic is located near St. Joseph's Hospital on North MacDill Ave. Contact: Stephanie Peters at [speters@health.usf.edu](mailto:speters@health.usf.edu).

**Red Crescent Clinic** ([www.redcrescenttampa.org](http://www.redcrescenttampa.org)) USF COM students can gain clinical experience at the Red Crescent Clinic on Tuesdays, Thursdays, and Saturdays from 9:30-12:00. The Red Crescent Clinic is located near Sligh Ave and 56th Street, about 15 minutes from campus). that offers free health care for patients. Trained USF Medical student volunteers will be able to assist with blood pressure measurements, taking histories, and other clinical activities Please register at <https://spreadsheets.google.com/ccc?key=0Am41GFVTcjnkDHRaTXJ6MW5mWjFaVW6LUZebUtPQVE&hl=en&authkey=CKaB34kM#gid=0> Students can also contact Mariam Zeini, MSI Muslim Student Doctor Association Co-President, at [mzeini@health.usf.edu](mailto:mzeini@health.usf.edu) .

The **BRIDGE Healthcare Clinic** is a student-run free clinic located at the University Area Health Center on 13601 North 22<sup>nd</sup> Street on Tuesday evenings. (BRIDGE stands for Building Relationships and Initiatives Dedicated to Gaining Equality.) Medical and Physical Therapy students can register to volunteer at this website: <http://www.bridgehealthcareclinic.org/>.

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## V. Collection Drives

**Winter Canned/Box Food Collection Drive to benefit inter-denominational groups throughout the County** will take place from January 20th -February 10th and collection boxes will be located throughout USF Health. This year, we will bring our donated food to the Tampa Jewish Family Services Community Food bank which assists individuals and families of all faiths in the Tampa area, when we lead our annual USF Health Service Corps Love a Senior Day at Weinberg village on Feb. 11th. We will also donate food to workers at Tampa Bays Downs, when we do our annual Service Corps health fair with Catholic Mobile medical services on February 16th. Please contact Ellen Kent at [ekent@health.usf.edu](mailto:ekent@health.usf.edu) for more information! Thanks!

**Collection of Guitars for an exciting new service project for the Hope Lodge !** One of our first year medical students, is going to start a new service project this summer, at Hope Lodge, which will involve teaching the residents and their caregivers, how to play the guitar! Please contact Travis Klein at [tklein1@health.usf.edu](mailto:tklein1@health.usf.edu) if you wish to donate a guitar /guitar strings!!

**Mid April – Early May. Collection of hygiene items and clothes to benefit an orphanage in the Dominican Republic.** Look for collection boxes throughout USF Health with this flyer <http://hscm2.hsc.usf.edu:8080/NR/rdonlyres/33886322-8454-41BA-B605-89A97466B14F/0/PWHGHSACollectionApril2011.pdf> Your donations will be distributed by USF Colleges of Medicine and Public Health students who will participate in the Project World Health (PWH) trip to DR in May 2011. For more information, please contact Dexter Mendoza, COM class of 2013 and PWH Co-President, at [dmendoza@health.usf.edu](mailto:dmendoza@health.usf.edu) or Lyra Abad, GHSA Vice President, at [eabad@health.usf.edu](mailto:eabad@health.usf.edu).

## VI. Camps for People with Special Health Care Needs

**Boggy Creek Gang Camps.** Boggy Creek is a year-round camping facility for children, ages 7-16, who have chronic or life-threatening illnesses (e.g. heart disease, HIV, sickle cell anemia, and cancer). Boggy Creek programs include week long summer sessions and weekend programs throughout the school year. Contact: Robin Brubaker, the Volunteer Coordinator, at (352) 483-4200 ext. 293, or email [rbrubaker@boggycreek.org](mailto:rbrubaker@boggycreek.org). See web site at <http://www.boggycreek.org>. The spring and summer schedules are listed at <http://www.boggycreek.org/2006/volunteer/volunteercalendar.asp> and volunteer forms are available at <http://www.boggycreek.org/2006/pdfs/volunteerApp.pdf>.

**April 16<sup>th</sup>-17<sup>th</sup> 2011! Florida Diabetes Camp** at Rotary Camp Florida in Brandon, BRING A FRIEND weekend for K- 4th graders. See <http://www.floridiabetescamp.org/>. To sign up to volunteer, please contact: Gary Cornwell at (352) 334-1321 or email [volunteers@floridiabetescamp.org](mailto:volunteers@floridiabetescamp.org).

**Friday, April 29<sup>th</sup>, 5-8 pm. Faces of Courage Women of Color Cancer Retreat!** Come bring cheer to women of color who have been touched by Cancer, at this annual camp in Brandon. We are looking for five friendly and energetic USF Health students to help with registration and helping the women "move in" on Friday evening from 5-8 pm (you can really help the campers feel at home!) Any interested USF health students can sign up with Julianna Naccarato at [jnaccara@health.usf.edu](mailto:jnaccara@health.usf.edu) with the Interdisciplinary Medical Science (IMS) Program. (Up to 5 student volunteers)

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## VII. Blood Drive with Registration Drives for Organ and Bone Marrow Donation – Give Life Day

**Give Life Day at the COPH on Thursday, April 7<sup>th</sup> ! (11 am- 6 pm) See flyer at: [Give Life Day 2011.pdf](#)**

In recognition of National Public Health Week (April 4 -8) and National Donate Life Month in April, the USF community is invited to participate in any of the following drives at USF Health's College of Public Health, April 7<sup>th</sup>, 11 am - 6 pm.

- **You can donate blood at the Blood Drive:** You can make an appointment at <https://www.fbsdonor.org/index.cfm?group=op&expand=144904&zc=33612> or stop by the bloodmobile for a 'walk-in' appointment.
- **You can register (in person) for the National Marrow Donor Program (NMDP)** <http://www.marrow.org/>
- **You can register (in person) to become an organ, tissue and/or eye donor, through Donate Life Florida.** <http://www.donateliflorida.org/>