



Office of the Chair - Week of August 2 - 6, 2010

**Website: <http://www.hsc.usf.edu/PSYCH/>**

## Newsletter

### Meetings

Tuesday 08/03/10 12:00 noon Outpatient Clinic Committee Meeting

Thursday 08/05/10 8:00 a.m. Call Center Meeting

### Resident Lectures:

8:00 a.m. CHILD - "Aggression" Dr. Michael Bengtson

9:00 a.m. CHILD - "ADHD" Dr. Jeff Alvaro

10:00 a.m. CHILD - "ADJD" Dr. Jeff Alvaro

12:00 noon PGY-2, PGY-3, PGY-4, GERI, CHILD - "Transition to Practice - Stressors of Career Role Transition"  
Drs. Deborah Sanchez and William Upshaw

12:00 noon NO GRAND ROUNDS

Friday 08/06/10 No Medical Student Lectures

## In The Know!

Happy Birthday Wishes to Dr. Martha Brown/August 5th.

## Research Happenings!

### Research Facts

Did you know...

1. >50% of all new patients seen in our outpatient clinic want information on research being done in our department.
2. Participants in clinical trials receive psychiatric evaluations and follow-up visits; study specific testing (psychiatric, cognitive, behavioral, and health outcomes); labs; ECGs; physical exams; study medication; transportation assistance; 24/7 access to research team, a small stipend; and in some studies, medication vouchers for concomitant medications - all at no charge.
3. Our department has 2 research nurses and 4 study coordinators who are available to speak with patients/families regarding current clinical trials being conducted - simply call 974-1404 or 974-2832. Patients/families may also call us directly.

4. If each clinician and resident in our department were to identify and refer 1 patient each to research – enrollment in all of our clinical trials would be met!

### Important Study Update!

The Aripiprazole IM Depot Study extension has been extended! Participants in this study can now continue to receive **open-label Aripiprazole IM Depot until it is FDA approved** and available by prescription or **up to a maximum of 8 years**. Our site can enroll up to **10 additional subjects in this study until the end of summer**. Participants are started on oral Abilify – once tolerability is determined, the participant is switched to Aripiprazole IM Depot. Aripiprazole IM Depot is administered monthly. All study related medications, labs, ECGs and study visits are at no charge to participants throughout the duration of the extension study (remember up to 8 years or until drug is FDA approved). Principal Investigator – Carlos Santana, M.D.

### NEW: Cognitive Deficits in Schizophrenia

Principal Investigator - Carlos Santana, M.D. – USF Psychiatry is participating in a nationwide clinical research trial evaluating the safety and efficacy of an investigational medication used in the treatment of **Cognitive Deficits in Schizophrenia**. This is a 12 week 'ad on' study for males and females between the ages of 20-55. Subjects must have been diagnosed or treated for schizophrenia for at least 2 years prior to screening and be stable on 1-2 atypical antipsychotic medications. For more information, contact Maggie Stratton, BS 974-8242; or to make a referral, call 974-1404.

### NEW: Bipolar I Disorder, Manic or Mixed

Principal Investigator – Patrick Marsh, M.D. – USF Psychiatry is participating in a nationwide clinical research trial evaluating the safety and tolerability of Cariprazine (an investigational medication) in patients with **Bipolar I Disorder**. This is a **20-week open-label study**. Patients must be 18-65 years of age and be willing to be hospitalized during the initial titration phase of the study. For more information, contact Melissa Vila, LPN, at 974-2441; or to make a referral, call 974-1404.

### NEW: Bipolar I Disorder with Depressive Symptoms

Principal Investigator – Carlos Santana, M.D. – The USF Department of Psychiatry is participating in a nationwide clinical research trial evaluating the efficacy and safety of an investigational medication used as **adjunctive therapy** in patients with **major depression associated with Bipolar I Disorder**. This is a 15-week outpatient study. Patients must be 18-65 years of age and currently experiencing depressive symptoms. Patients must be on Lithium, Valproic Acid, Aripiprazole, Olanzapine, or Ziprasidone. Assistance in obtaining Lithium and Valproic Acid is available during the course of the study. For more information, contact Melissa Vila, LPN, at 974-2441; or to make a referral, call 974-1404.

### ONGOING: Bipolar Kids Study

Principal Investigator - Sandra Stock, M.D. This is a nationwide clinical research study being conducted at the USF Department of Psychiatry Silver Child Development Center. The study evaluates the efficacy and safety of **LAMICTAL** as an Add-on

treatment for [Bipolar I Disorder in Children and Adolescents](#), ages 10-17. For more information, call Colleen Killian, BA at 974-9104; or to make a referral, call 974-1404.

**OPENING SOON: Schizophrenia 'Jail Recidivism' Study**

Principal Investigator – Brian Keefe, M.D. – USF Psychiatry is a participating site for this unique study looking at arrest recidivism in adults with Schizophrenia. The study is a **15-month open-label study** comparing the rate of arrest recidivism and other health outcome measures in patients receiving **oral antipsychotic treatment compared to paliperidone palmitate injections**. Participants receive antipsychotic medications and study visits at no charge throughout the study. Subjects must have been incarcerated at least twice in the last 24 months with the last release from jail occurring within 45 days prior to screening to be eligible to participate. Contact Kathy Smith, RN at 974-7006 for more information or to make a referral!