USF Health Service Corps Sponsored Projects for Fall Semester, 2010 (Updated 11/22/10)

These projects and events are sponsored and approved by the USF Health Service Corps and are also listed in a calendar format at USF Health Service Corps Calendar. Interested USF Health students, faculty, staff and community partners are welcome to contact Ellen Kent, MPH, Faculty Coordinator for the USF Health Service Corps, at ekent@health.usf.edu or 813-974-6622, to suggest additional events and projects that may be added to this page.

STUDENTS: First, thank you for your interest in participating in these service opportunities. Second, please remember that you should NOT miss scheduled classes/labs to participate in these service activities. Please note that some of the events listed below may have the name and email for a student leader of a specific student organization (so that you can have a contact person/lienai with whom you can sign up as a volunteer) but this does NOT limit participation to only those members of that particular student organization. In fact, the only events which have specific participation requirements are the clinical events listed in Section I, below. All other non-clinical service events and projects are open to ALL USF Health students. Once that you sign up for an event, you will receive final detailed information pertaining to exact arrival times and driving directions a few days before hand. If you sign up for a service event and can not come at the last minute, please notify the contact person so that we can plan accordingly. Thank you for your consideration!

COMMUNITY PARTNERS: Please contact Ellen Kent, MPH, Faculty Coordinator for USF Health Service Corps, at ekent@health.usf.edu, with questions about these service events or if you wish to collaborate with the Service Corps. Thank you!

I. Health Fairs and Other Clinical Events

(I) Important Policies and Procedures:

(A) Health fairs & screening events that are posted on the USF Health Service Corps website (http://health.usf.edu/ahec/USFHealthServicesCorps/hcsevents1.htm) and calendar (http://my.calendars.net/servicecorps) are considered sanctioned/approved by USF Health. Students from USF Colleges of Medicine and Nursing and School of Physical Therapy and Rehabilitation Sciences who participate in clinical screenings will be covered for liability purposes.

(B) University and Community partners should make the requests for USF Health students to participate in health fairs directly to Ellen Kent, MPH, Faculty Coordinator, USF Health Service Corps and NOT to individual students. This system prevents confusion and duplication of efforts and allows for a more coordinated process. If a request is made to a student, that request should immediately be forwarded on to Ellen Kent, MPH, so that she can verify that: there will be appropriate clinical supplies; there will be appropriate clinical supervision; and the event is accurately listed on the Service Corps websites.

(C) If a COM, CON or PT student or student organization have an idea for a health fair for a specific population, they should first contact Ellen Kent, MPH, Faculty Coordinator for USF Health Service Corps, and she can assist them with all of the essential details related to the planning, implementation and evaluation of the health fair.

(II) Information for all USF Health students: When you sign up for a health fair, please be sure to indicate your academic program of study. Please remember that when you participate in USF Health Service Corps clinical activities, that you are representing USF Health and the University of South Florida and that you are expected to dress and act in a highly professional manner. Please feel free to contact Ellen Kent, MPH, Faculty Coordinator for the USF Health Service Corps at ekent@health.usf.edu if you have any questions about health fairs sponsored by USF Health Service Corps and she will be happy to help you.

(II A) Specific information for USF Health students who are enrolled in clinical programs: Trained medical (COM) and nursing (CON) students may participate in all screening activities (e.g. blood sugar and cholesterol screenings, BMI, vital signs) as well as the administration of flu shots, under the direct supervision of a USF Health clinical faculty member or a community health care provider with a USF Health clinical appointment. At selected health fairs, trained physical therapy (DPT) students may also perform specific physical therapy screening activities (e.g. posture assessments, sports physicals) under the direct supervision of a clinical faculty member in the School of Physical Therapy & Rehabilitation Sciences. COM, CON and PT students must wear their lab coat and ID card at all times and should arrive prior to the health fair to participate in an orientation session. *Again, please note that COM, CON and DPT students must have completed the appropriate clinical skills training sessions in their respective academic programs before they sign up for these clinical events.

(II B) Specific information for USF Health graduate students who are not enrolled in a clinical training program: Students enrolled in the College of Public Health (COPH) and COM non-clinical programs may assist with a wide variety of important non-clinical activities at health fairs (e.g. health education and fitness activities, fitting children with bicycle helmets, serving as interpreters). Please wear USF Health t-shirts.

Listing of Fall Health Fairs and Other Clinical Events

Saturday, Sept 18th. Health Fair for adults and safety activities for kids in Ruskin! Come have fun and make a positive difference for families at the Grand Opening celebration of the new Family Support and Resource Center in Ruskin!

Clinical activities: 10:30 am -1 pm. Trained medical or nursing students can participate in the clinical activities of performing blood pressure, blood sugar, blood cholesterol & BMI screenings for adults. Clinical supervision provided by Catholic Mobile Medical Services. Medical and nursing students can sign up with Daniel Matta, MSI, dmatta@health.usf.edu with Internal Medicine Interest Group (IMIG). (8-10 students)

Non clinical activities: 9:30 am – 2:00 pm. USF Health students can assist with a bike rodeo for kids, fitting helmets, booster seat education and other safety education activities! Please sign up with Ellen Kent, MPH, at ekent@health.usf.edu.

Sunday, Sept. 19th. 9:30 am to 3 pm. Health Fair at The Mount Calvary S.D.A. Church at 4902 N. 40th Street, Tampa FL

Clinical activities: Trained medical or nursing students can perform blood pressure, blood sugar & BMI screenings for adults. Clinical supervision provided by USF Health faculty. Medical and nursing students can sign up with Shamol Williams, MSII, at swillia6@health.usf.edu with Student National Medical Association (SNMA). (8-10 students)

Saturday, October 2nd. 8:30 am -1 pm. Day of Pampering Women’s Health Fair at University Area Community Center.

Clinical activities: Medical and nursing students can assist with blood pressure and blood sugar screenings. Clinical supervision provided by USF Health clinical faculty. Medical and nursing students can sign up with Robyn Schickler, MSII, at rschickl@health.usf.edu with BRIDGE HealthCare Clinic. (10 -12 students)

Wednesday, October 6th. 9:30 am – 2 pm. Health Screenings at USF Human Resources Benefits Fair at the USF Sundome.

Clinical activities: Medical and nursing students can administer seasonal flu vaccinations to USF faculty, staff and students and community members. Supervision provided by USF Health clinical faculty; medical and nursing students must have successfully completed training in administration of IM injections. Medical and nursing students can sign up for the morning (7:00 am – 12 noon) or afternoon (11:30 am - 4 pm) shifts with Ellen Kent, MPH at ekent@health.usf.edu. (12-14 students per shift)

Non-clinical activities: COPH students can assist with registration, planning, set up, clean up, health education displays and food service; please sign up with Ellen Kent, MPH at ekent@health.usf.edu or Aditi Desai at adesai1@health.usf.edu. (Up to 40 students).

Friday, October 22nd. 7 am - 4 pm. Annual Flu Shot Drive at the College of Public Health. Sponsored by USF College of Public Health and USF Health Service Corps.

Clinical activities: Medical and nursing students can administer seasonal flu vaccinations to USF faculty, staff and students and community members. Supervision provided by USF Health clinical faculty; medical and nursing students must have successfully completed training in administration of IM injections. Medical and nursing students can sign up for the morning (7:00 am – 12 noon) or afternoon (11:30 am - 4 pm) shifts with Ellen Kent, MPH at ekent@health.usf.edu. (12-14 students per shift)

Tuesday, October 27th. 7:30 am – 3 pm. Women’s Health Fair at San Jose Mission in Dover.

Clinical activities: Bilingual medical or nursing students can assist with health histories and blood pressure screenings, under clinical supervision of Catholic Mobile Medical Services. Graduate nurse students can assist with women’s health examinations, under clinical supervision of USF Health faculty. Please sign up with Ellen Kent, MPH at ekent@health.usf.edu. (8-10 students)

Saturday, October 30th. 7:30 am – 12:30 pm. Speaking of Women’s Health Conference at Tampa Convention Center

http://www.speakingofwomenshealth.com/

Clinical activities: Medical and nursing students can assist with blood pressure, blood sugar and blood cholesterol screenings. Clinical supervision provided by USF Health clinical faculty. COM and CON students may sign up with Amber Nardandrea, MSII, at anardand@health.usf.edu with OB-GYN interest group or Roshni Ranjit, MSII, at rranjit@health.usf.edu with American Medical Women’s Association (AMWA). (10-15 students)

Sunday November 7th. 2:30 pm - 5 pm. Health Fair at Manatee Village in Ruskin.

Clinical activities: Medical and nursing students can assist with blood pressure, blood sugar and blood cholesterol screenings. Clinical supervision provided by Catholic Mobile Medical Services. COM and CON students may sign up with Cara Sullivan, MSII at csulliv2@health.usf.edu with American Medical Student Assn (AMSA) and -Latino American Medical Student Assn (LMSA). (10 -12 students)

Non-clinical activities: All USF Health students can assist with health education and fitness activities with the children and can sign up with Jessica Concord at jconcord@health.usf.edu with Physical Therapy Student Association. (10-12 students)
Saturday, November 13th, 8 - 11 am. Step up for Diabetes at USF – Wellness Zone
Clinical activities: Medical and nursing students can assist with blood pressure and BMI screenings. COM and CON students can sign up with Kimberly Law, MSII, at klaw@health.usf.edu with COM Class of 2013. Supervision provided by USF Health clinical faculty. (8 -10 students)
Non clinical activities: All USF Health students can assist with the American Heart Association Community Action Network health education table and share information about heart attack and stroke prevention and heart-healthy lifestyles, sign up with Julianna Naccarato at jnaccara@health.usf.edu with Interdisciplinary Medical Science (IMS) Program. (Up to 5 students).
Also – please note, we now have our own USF Health Service Corps team! See link at USFHealthServiceCorpsTeam.

II. Special Events

Saturday, Sept 25th, 8 am-12 pm. Coastal Clean Up Event. Come join other USF Health students at the Old Seabreeze Restaurant at 3409 Causeway Blvd to make a difference and clean up the coast! (10-20 students)
Participants will receive a event t-shirt (please e-mail with preferred size). Please sign up with Cara Sullivan, MSII, csulliv2@health.usf.edu, with Student Physicians for Social Responsibility (SPSR). We will also have a picnic afterwards!

Saturday, Oct. 2nd, 9:30 am -2:00 pm. Shriner’s Hospital Silver Anniversary Party!! Students will be helping with a variety of fun activities for kids of all ages. USF Health students can sign up with Jessica Goldenowicz, MSII, at jgoldono@health.usf.edu with Pediatrics Interest Group. (Up to 20 students)

Saturday, Oct. 2nd, 9:30 am - 2pm. The F.A.I.R.: Family Abilities Information Rally - A Cross Disabilities Event at All Peoples Life Center. USF health students can talk with kids about health careers at our own USF health mini-teach-in table, and students can also lead some of the activities for kids! (e.g. bowling, wheelchair obstacle course, play areas) See also http://www.thefair.info/. USF Health students can sign up with Jessica Concord at jconcord@health.usf.edu with Physical Therapy Student Association. (Up to 20 students)

Thursday, October 7th, 5:30 pm- 8 pm. Inaugurating the new playground at the Spring - ‘Breaking In’ the new playground without breaking a leg!! (See new website at www.thespring.org) - USF Health students can lead kids in a variety of fun and safe fitness activities! Please sign up with Laura Thornsberry at lthornsb@health.usf.edu, COM class of 2011. (10-15 students).

Friday, October 15th, 4-6 pm. “Health Ed for Everyone!” at Farm Workers Self Help in Dade City. (See http://fshflorida.org/node/86) USF Health students will be able to share their knowledge of health with teens by giving interactive health education lessons to teens. USF Health students can in turn learn from the teens and FSH leaders about migrant health, education and social issues. USF Health students can sign up with Bernice Lopez, COPH, at blopez1@health.usf.edu with Global Health Student Association (GHSA). (Up to 15 students)

Saturday, October 16th, 10:30 am – 1:30 pm. Fall Safety Fest at North Tampa Family Support and Resource Center! Students can assist with a variety of fun health education activities and games for kids and parents on topics of food safety, nutrition, cardiovascular health, home safety, fire safety and of course, Halloween safety for both kids and parents! This event will be conducted in collaboration with: USF Health Service Corps; Family Support and Resources Centers - Hillsborough County; Safe Kids Tampa; and Refugee Youth and Family Program (RYFP). Please sign up with Sadia Ali sali@health.usf.edu with Student Physicians for Social Responsibility (SPSR). (Up to 20 students)

Thursday, October 28th, 6:45 -9 pm. John Knox Village Masquerade Ball. Come enjoy a fun filled evening with the super seniors at John Knox Village! USF Health students can sign up with Davis Rierston, MSII, at drierson@health.usf.edu with American Medical Association. (Up to 20 students)

Sunday, October 31st, 4:30-7:30 pm. Halloween party for teens who are residing at the Children’s Home residential facility. http://www.childrenshome.org/. Here is a great way to share your energy and creative ideas with kids! We will offer a variety of activities for the teens, e.g. a scavenger hunt and decorating Halloween cookies and music- We just need wonderful USF health volunteers to help us out with the different stations! Up to 20 Student volunteers can sign up with Conrad Vinalon, MSII, at cvinalon@health.usf.edu with American Medical Student Association (AMSA). (15- 20 students)

Tuesday, November 30th, 5:30 pm - 8 pm. Festive Fall Dinner at the Hope Lodge! Come join other USF Health students for a fun evening with the residents at the American Cancer Society’s Benjamin Mendick Hope Lodge who are being treated for cancer at Moffitt and other area hospitals. USF Health students can sign up with Shamol Williams at swillia6@health.usf.edu with Student National Medical Association (SNMA) and COM Class of 2013. (15- 20 students)
NEW! Dec 15<sup>th</sup>, 12-8 pm. Holiday service event at the Family Justice Center (on Busch and Florida Ave, Suite 109)

USF Health students are invited to serve food and toys to families at the Family Justice Center, which is a safe haven for victims of domestic violence. FJC expects to serve over 150 families on December 15<sup>th</sup> with food and toys. USF Health students will be able to help out in all aspects of this day (escorting clients, distributing toys, food, etc.) *Important: please RSVP for this service event indicating the TIME FRAME you're available by Friday, Dec 3, with Conrad Vinalon, MSII, American Medical Student Association (AMSA) at cvinalon@health.usf.edu (you can sign up for 2 hours, 4 hrs, etc.)

Tuesday, December 21<sup>st</sup>, 6-8 PM. Have Fun Helping Out at the Spring Holiday Store!

USF Health students are invited to come help kids who are residing at the Spring of Tampa Bay (http://www.thespring.org/) pick out gifts for their mom or dad at The Spring Christmas Store and then help the kids wrap the gifts! We did this last year- it was a LOT of fun! USF Health students can sign up with Ellen Kent at ekent@health.usf.edu

III. Fun Fundraising Events

October: Passionately Pink for the Cure!

We have our own Service Corps website at http://www.info-komen.org/site/TR/PassionatelyPink/PassionatelyPink?team_id=144807&pg=team&fr_id=1846! We will have some creative fundraising projects to support Passionately Pink for the cure this year – Stay tuned for announcements from the Maternal and Child Health Student Organization (MCHSO) in the COPH, American Medical Women's Association (AMWA) in COM, Student Nursing Council (SNC) in College of Nursing and Association of Physical Therapy Students (APTS)!

October 23<sup>rd</sup>, 8 am – 11 am. Making Strides Against Breast Cancer Walk at the St. Pete Times Forum in Tampa. Registration begins at 7:30 am, walk begins at 9 am. Check out our website at http://main.acsevents.org/goto/MCHSO. This team was formed by the maternal and child health student organization in the COPH - anyone can participate – you do not need to be a member of MCHSO to participate.

Saturday, November 6<sup>th</sup>, 8 am - 11 am. American Heart Association's Tampa Bay Start! Heart Walk at the Raymond James Stadium in Tampa. USF Health students are encouraged to join the following teams: CPH faculty staff and student team (see link at College of Public Health team) COM faculty staff and student team (see link at College of Nursing team) COM and DPT student team (see link at COM/PT National Primary Care Week team) This year, we will have a student get-together after the event, so even if we are signed up for different teams we can meet up afterwards for lunch! Please feel free to contact Ellen Kent, MPH, at ekent@health.usf.edu for more information.

Saturday, November 13<sup>th</sup>, 8 am – 10 am Step Out Walk to Help Diabetes - on the USF campus! We now have our own USF Health Service Corps team! See link at USFHealthServiceCorpsTeam. Please contact Ellen Kent at ekent@health.usf.edu if you are interested in walking!

Saturday, December 4<sup>th</sup>, 7 – 9 am. HIV AIDS Walk at USF. For more information and/or registration, contact Clara Cobb at 813-974-9387 or ccobb@ibl.usf.edu. Funds will be dedicated to HIV research education and service. Registration fees: $25 adult, $10 student and $5 child/teen 16 and under. If you can preregister, please, by Nov. 30th, then you will receive a free gift, however, it is certainly possible to register the day of event. Walk begins at Magnolia and Alumni Drive. See also http://health.usf.edu/NR/rdonlyres/2474AB2A‐8F76‐418D‐A4D0‐DF35E3FD84A0/0/HIVAIDSWalkFlyer2010.pdf

IV. Teaching, Mentoring and Other Ongoing Projects

Brain Expansions Scholastic Training (BEST) Program. Student volunteers are needed to help with the three program components: chess, magical memory development and health career development (Teen Club Med). You can sharpen your own skills as you teach; (2) Become a mentor and see the lives of middle school change as they become "A" students for life; (3) Network with doctors, dentist, and nurses. Contact: Dr. Dexter Frederick at brainexpansions@yahoo.com.

Teaching in the public schools - Great American Teach In! See flyer at Fall2010Teaching.pdf. You can teach, inspire and motivate students at local elementary, middle and high schools in Hillsborough County about becoming a health professional! The official great American teach in day is Nov 18<sup>th</sup> and we have about 15 partner schools where students can sign up to teach on selected Fridays. Please contact Ellen Kent at ekent@health.usf.edu to sign up to teach at any day/time of your choosing. You can specify if you prefer to teach elementary, middle or high school students and she will 'match you' to a teacher/class at a local school!
USF Health Homework Help Sessions at San José Mission - one Monday a month, 5-7 pm.  See flyer at monodaymentoring.pdf. Any USF Health student with a passion for helping kids can sign up to help as a tutor/mentor during our new USF health help sessions on the following Monday evenings: October 18, 2010; November 8th, 2010; January 10. 2011; February 7, 2011; March 7, 2011; April 11, 2011. Please contact Daniel Matta, dmatta@health.usf.edu with LMSA to sign up.  

Students need to sign up in pairs, please (e.g. either 2 or 4 students).  NOTES: You can sign up for 1 or more sessions. You do not need to speak Spanish because the youth who are school aged whom we will be mentoring speak English. If you wish to plan a special health education session or activity, please indicate your plan when you sign up with Daniel Matta with LMSA.

YOUTH EDUCATION SERVICES:  Youth Education Services provides free Gonorrhea, Chlamydia and HIV testing, referrals, and interactive events for youth ages 13-24 living in the Hillsborough County area.  We are looking for volunteers from all educational/professional backgrounds (Public Health, Nursing, Medical, etc.)! Contact Ashley Singleton at asingle3@health.usf.edu or 813-417-7233 if interested and she can send you the current calendar of volunteer opportunities.

The Refugee Youth and Family Program and the Florida Center for Survivors of Torture are non-faith based programs of Gulf Coast Jewish Family Services, Inc. (www.gcjfs.org/ftst). We need tutors to help refugee children succeed in school. We also need volunteers to help teach English to our adult clients in the Florida Center for Survivors of Torture program. Please note this is a six month commitment; please contact our Volunteer Coordinator for Hillsborough County: Sebastian Melo smelo@gcjfs.org 813-558-1370 or for Pinellas County Marcella Ramsey, mr ramsey@gcjfs.org 727-450-7275).

Catholic Mobile Medical Services - weekly primary care clinic at San José mission in Dover, Every Monday evening, 5-8 pm. Note: the majority of the adults who seek care at this clinic are only able to speak and understand Spanish. This service learning option has both a clinical and non clinical component. Clinical component: Bilingual medical and nursing students will learn about primary care through shadowing and assisting residents and volunteer physicians - there is room for two Spanish speaking clinical (COM or CON) students at a time; please sign up with Sister Sara Proctor, PA, at (813) 690-7467 at least a week in advance. Non clinical component: Bilingual USF Health students can assist as interpreters in waiting room, there is room for one student at a time please sign up with Sister Sara Proctor, PA, at (813) 690-7467 at least a week in advance.

Judeo Christian Health Clinic. COM and CON students can assist with many activities in the clinic and bilingual USF Health students can serve as interpreters, during regular workday hours, of 8 am-5 pm, Monday-Friday. The clinic is located near St. Joseph's Hospital on North MacDill Ave. Contact: Stephanie Peters at speters@health.usf.edu.

The BRIDGE Healthcare Clinic is a student-run free clinic located at the University Area Health Center on 13601 North 22nd Street on Tuesday evenings. (BRIDGE stands for Building Relationships and Initiatives Dedicated to Gaining Equality.) Medical and Physical Therapy students can register to volunteer at this website: http://www.bridgehealthcareclinic.org/.

Safe Routes to Schools Walk and Roll Bike and Pedestrian Safety Rodeos with Elementary School Students! http://www.saferoutesinfo.org/. Here is a great opportunity to make a positive difference in our community. Please contact Ellen Kent at ekent@health.usf.edu if you wish to sign up, all activities take place during regular public school hours, (8-2) M-F.

V. Collection Drives

Early October through Early December! ROR book drive - Collection of almost new/slightly used books to benefit the Reach Out and Read Program. See flyer at RORbookdrive.pdf. Collection boxes are located throughout USF Health and at the Marshall Center! Sponsored by USF Health Service Corps, Pediatric Interest Group and Center for Leadership and Civic Engagement. Please contact Ellen Kent at ekent@health.usf.edu for more information or to make large contributions.

A new giving project! Responsible USF Health students are invited to deliver stuffed animal “pets’ to Alzheimer patients at local nursing homes in December (Afternoons of Dec. 7th and Dec. 9th). Please sign up with Katelyn Chitwood, Medicine for the Aging population group., at kchitwoo@health.usf.edu or Ellen Kent at ekent@health.usf.edu. Directions will be provided to student volunteers and students will go in pairs/groups. Students can even bring donation of stuffed animals to collection box in lobby of the USF Health Byrd Alzheimer’s Institute before Dec. 9th!

Note: In response to requests from our community partners, we will hold our Annual Food Collection Drive in January 2011 when the food banks will actually be in greater need of donations (as compared to the fall).
VI. Camps for People with Special Health Care Needs

Camp Boggy Creek. Camp Boggy Creek is a year-round camping facility for children, ages 7-16, who have chronic or life-threatening illnesses (e.g. heart disease, HIV, sickle cell anemia, and cancer). Boggy Creek programs include week long summer sessions and weekend programs throughout the school year. Contact: Robin Brubaker, the Volunteer Coordinator, at (352) 483-4200 ext. 293, or email rbrubaker@boggycreek.org and please say that you are a USF Health student. See web site at http://www.boggycreek.org and schedule at http://www.boggycreek.org/2006/volunteer/volunteercalendar.asp.

December 3rd-5th. Faces of Courage Annual Santa’s Workshop Weekend! Come bring cheer to children who have been touched by Cancer, at the annual Santa’s Workshop Weekend at Rotary’s Camp Florida in Brandon. Different service options: (1) You can assist with registration Friday evening the 3rd from 5-8 pm (you can really help the campers feel at home!) (2) You can be a big buddy to a camper on Saturday the 4th from 830 am -430 pm (3) Life guards can assist Saturday December 4th 9 am – 3 pm, please bring current life guard certification and drivers license (4) You can even be a camp counselor for the entire weekend Friday 5 pm – Sunday (Includes one meeting before camp). how to sign up: for options 1 and 2 please sign up with Julianna Naccarato, IMS, at jnaccara@health.usf.edu and for options 3 and 4, please sign up with Peggy Sherry at psherry@facesofcourage.org.

VII. Blood Drives

Thursday, September 30th, 11:00 AM - 6:00 PM. Florida Blood Services will 'park' its bloodmobile at the College of Public Health (COPH). You can sign up online for a time slot to donate blood at: https://www.fbsdonor.org/index.cfm?group=op&expand=128766&zc=33612 Alternatively, you can just stop by the blood drive anytime that day.