



Making Life Better
through Research, Education & Healthcare.

USF Health Service Corps Sponsored Events & Projects- Spring 2012

These projects and events are sponsored and approved by the USF Health Service Corps and are also listed in a calendar format at the [USF Health Service Corps Calendar](#). Interested USF Health students, faculty, staff and community partners are welcome to contact Ellen Kent, MPH, CPH, Coordinator for the USF Health Service Corps, at ekent@health.usf.edu or 813-974-6622, to suggest additional events and projects that may be added to this page.

NOTE TO STUDENTS: Thank you for your interest in participating in these service opportunities. Please carefully review these **important** policies pertaining to signing for events. These policies are designed to streamline the sign up process.

1. Please remember that you should NOT miss scheduled classes/labs/clinicals to participate in these service activities.
2. Be sure to read the description of each event very carefully, as it will explain what you will be doing.
3. Some events listed below may have the name and email for a student leader of a specific student organization (so that you can have a contact person/liaison with whom you can sign up as a volunteer) but this does NOT limit participation to only those members of that particular organization. In fact, the only events which have specific participation requirements are the clinical events listed in Section I and Section IV-B below. All other service events and projects listed in Sections II – VII are open to any interested USF Health student or USF pre-health professional student.
4. Please sign up directly, **yourself**, via email or telephone with the contact person listed in the description of the event.
5. After you sign up via email or phone, please make a note of the event in your own personal calendar.
6. When you sign up, please specify your academic program... for example, 'I am a CON student, second semester', or 'I am a COM student in the PhD program', or 'I am an undergraduate Public Health student', etc.
7. A few days before the event, you will receive an email from Mrs. Kent, Service Corps Coordinator, with detailed information pertaining to: what to expect; what you will be doing; when to arrive; what to wear; when to arrive; driving directions, and where to go when you arrive at the site. The email will be sent to all volunteers, the student leader, the clinical supervisor and our community liaison, in order to ensure a clear chain of communication.
8. **If you sign up for a service event, please note that we are all depending on you, so please be sure to attend.** If an emergency arises and you can not come at the last minute, please be sure to let the contact person know so that we can plan accordingly. Thank you for your consideration in this important matter.
9. Please be sure to dress and act professionally and appropriately. Remember- When we volunteer in these community service events, we are all serving as ambassadors for USF Health and USF! Thank you ☺

UNIVERSITY AND COMMUNITY PARTNERS: Please contact Ellen Kent, MPH, CPH, Coordinator for the USF Health Service Corps, at ekent@health.usf.edu, with specific questions about the events listed on this page or if you wish to collaborate with the Service Corps in planning future events. Thank you!

You can view the different categories of service opportunities at each of these sections below:

[Health Fairs & Other Clinical Events](#)

[Special Events](#)

[Fun Fundraising Events](#)

[Health Education and Other On-Going Health-Related Service Projects](#)

[Collection Drives](#)

[Camps for People with Special Health Care Needs](#)

I. Health Fairs & Other Clinical Events

Please also click here to read our document pertaining to: [USF Health Service Corps Health Fair Policies and Procedures and Student Advisory Committee](#)

Saturday, January 28th, 2:30 pm – 5:00 pm. Health Fair at Manatee Villages in Ruskin.

Clinical activities: USF Medical and nursing students (**ONLY**) can assist with blood pressure and screenings for adults. Clinical supervision provided by Catholic Mobile Medical Services. Up to 10 trained USF COM or CON students can sign up with Joanna Nicho Castillo at jcastil1@health.usf.edu with Latino Medical Student Association.

Non-clinical activities: Up to 20 students can assist with the following non-clinical activities for children, please sign up with Mary Munch at mmunchal@mail.usf.edu with College of Pharmacy Student Leadership Council and please specify which activity area you wish to participate in below:

- (a) We will have a passport to safety area and you will lead kids in a variety of FUN activities related to staying safe (fire safety, poison safety, safe walking); and staying healthy (handwashing, and food safety/nutrition).
- (b) Fitness/sports station: You lead the children in safe sports & fitness activities.
- (c) Future health professional station: You can bring your own 'tools of the trade' and teach kids how they can become a health professional! (We welcome student representatives from each of our USF Health academic programs for this station.)

Sunday, February 12th, 1:30 – 5:00 pm. Plant City Black Heritage Festival – Health Screenings.

Clinical activities: USF Medical and nursing students (**ONLY**) can assist with blood sugar, blood pressure and BMI health screenings for adults. Clinical supervision provided by USF Health faculty. Up to 10 trained USF COM or CON students can sign up with Sasha Gourgue at sgourgue@health.usf.edu with Student National Medical Association.

Wednesday, February 22nd, 5:00 pm – 8:00 pm. Health Fair at Tampa Bay Downs, Oldsmar.

Clinical activities: Medical and nursing students (**ONLY**) can assist with blood sugar, blood cholesterol and blood pressure screenings & flu shots. Clinical supervision provided by Catholic Mobile Medical Services. Up to 10 trained USF COM or CON students can sign up with Colin Sullivan at csulliva@health.usf.edu with International Health Service Collaborative (IHSC). Physical Therapy students will assist with PT screening procedures; clinical supervision provided by School of Physical Therapy and Rehabilitation Sciences faculty. DPT students may sign up with Heather Wendel at hwendel@health.usf.edu with Association of Physical Therapy Students (APTS). COM students who have completed the Prevent Blindness Certification training program and are certified trainers can participate in vision screening, sign up with Hershel Patel at hpatel2@health.usf.edu with Student Interest Group in Ophthalmology (SIGIO).

Non-clinical activities: Up to 5 student volunteers can assist with interpreting and health education displays regarding the flu and food safety and medication safety please sign up with Nelson Rosales at nrosales1@mail.usf.edu with Infectious Disease Association.

Saturday, March 3rd, 9:30 am – 3 pm. Gasparilla Health & Fitness Expo. See also

http://www.tampabayrun.com/Expo/8_On_Your_Side_Health_Fitness_Expo.htm

Clinical activities: USF Medical and nursing students (**ONLY**) can assist with the TGH health screenings area and will perform blood sugar, blood cholesterol and blood pressure screening activities. Clinical supervision provided by USF Health clinical faculty. Up to 10 trained USF COM or CON students can sign up with Grace Tidwell at gtidwell@health.usf.edu with Family Medicine Interest Group.

Saturday, March 17th, 9:30 am - 3 pm. USF Health students are invited to participate with TGH and Moffitt Cancer Center in the Men's Health Forum presented by The Florida Prostate Cancer Network at USF Marshall Center.

Clinical activities: USF Medical and nursing students (**ONLY**) can assist with blood sugar, blood cholesterol and blood pressure screening activities, respiratory screenings, and patient education. Clinical supervision provided by USF Health clinical faculty. Up to 10 trained USF COM or CON students can sign up Tawanna King at tking1@health.usf.edu with Student National Medical Association.

Non-clinical activities: Any interested bilingual USF Health students can assist as interpreters, sign up with Ellen Kent at ekent@health.usf.edu.

Friday, March 23rd, 3:30 – 6:00 pm. Super Spring Community Health Education Event and Health Screenings at Hope Learning Center in East Tampa.

Clinical activities: USF Medical students in the Class of 2015 can assist with blood sugar and blood pressure screening activities and patient education, as part of the first USF Cares Day of Service sponsored by Morsani College of Medicine and USF Health Service Corps. Clinical supervision provided by USF Health clinical faculty.

Non-clinical activities: USF Medical students in the Class of 2015 will also provide free tutoring and vocabulary building games for youth. Up to 10 COM class of 2015 students can sign up with Michelle Blanco at mblanco@health.usf.edu.

Saturday, March 31st. Community Health Fair at San Jose Mission in Dover.

Clinical activities sponsored by the USF Health Services Corps include:

9:30 am- 2 pm: Trained USF medical, nursing and pharmacy students (**ONLY**) can assist with health screenings under clinical supervision of Catholic Mobile Medical Services and College of Pharmacy faculty - sign up with Price Dehay at pdehay@health.usf.edu.

8:30 am - 3 pm: Graduate nurse students can assist with women's health examinations, under clinical supervision of USF CON faculty. Sign up with Ellen Kent at ekent@health.usf.edu.

Non-clinical activities: COPH and other USF Health students can assist with the following non clinical activities for adults and children, please sign up with Ellen Kent at ekent@health.usf.edu and specify your area(s) of interest.

- Interpreting - the adults and very young children speak Spanish and the school aged children speak English.
- Information tables for Spanish-speaking adults, including: nutrition/WIC; Florida Kid Care; legal services; domestic violence; driving safety; crime prevention; medication safety. Other suggestions are welcome!
- Activities for children & teens, including: Passport to Health and Safety area (10 am -12 noon) and sports and fitness challenges (1 pm -3 pm)

Saturday, May 5th, 9:30 am -1 pm. Health Screenings at Family Support and Resource Center in Ruskin.

Clinical activities: USF Medical and nursing students (**ONLY**) can assist with blood sugar and blood pressure screenings for adults. Clinical supervision provided by Catholic Mobile Medical Services. Up to 4 trained USF COM or CON students can sign up with Ellen Kent at ekent@health.usf.edu.

Saturday, May 19th, 9:30 am – 3 pm. Speaking of Women's Health Fair at Tampa Convention Center.

Clinical activities: Trained USF medical and nursing (**ONLY**) students can participate in the clinical activities of performing blood pressure and blood sugar and blood cholesterol screenings. Clinical supervision provided by USF Health faculty. (The health fair is in collaboration with TGH Community Relations.) Up to 15 USF COM or CON students can sign up with Kionna Pitts at kpitts@health.usf.edu with College of Nursing Student Council.

II. Special Events

Saturday, Jan 21st, 10 am - 2 pm. Gasparilla Children's Festival. (See also <http://gasparillaextravaganza.com/extravaganza2/schedule.html>) USF Health students are invited to assist with the **Bicycle & Pedestrian Safety Rodeo** along Bayshore Blvd. We will fit children with a free, brand new bicycle helmet, and then guide them through a fun course, using a 'loaner ' bicycle. Up to 10 students can sign up with Justin Coile at jcoile@health.usf.edu with Health Management Student Association (HMSA).

Thursday, January 26th, 6:30-8:30 pm. Love a Senior Evening at Weinberg Village!

USF Health students are invited to help the seniors with Challah (bread) making and games. Up to 15 student volunteers can sign up with Jackie Selbst at jselfst@health.usf.edu with Jewish Medical Student Association (JMSA).

Thursday, February 9th, 5:30-8:00 pm. Valentines Day Party at the Spring! USF Health students are invited to help children and teens who are residing at the Spring of Tampa Bay (<http://www.thespring.org>) create Valentines Day arts and crafts projects. We will begin with arts and crafts, followed by a food safety/handwashing lesson, and then we will decorate cookies with the kids! Up to 20 student volunteers can sign up with Alyssa Schmidt at aschmid3@health.usf.edu with Public Health Student Association (PHSA) and specify what type of arts & crafts or cookie decorating supplies you can bring.

Saturday, February 11th, 8:30 am – 12 noon. No Limits Sports Clinic with Shriners at All Peoples Center near King High School. Student volunteers can assist with a variety of fun wheelchair sports. Up to 10 interested students can sign up with Heather Wendel at hwendel@health.usf.edu with Association of Physical Therapy Students (APTS).

Tuesday, Feb. 21st, 8:30 am – 1 pm. 2012 Geico Road Safety Bicycle Tour – “Survive the Drive”. See also <http://dorislosberg.org/index.php>. In collaboration with the Dori Slosberg Foundation, a group of cyclists will arrive at the University of South Florida campus at 9 A.M. to kick off the event. Student volunteers can assist with information stations, provide musical/dance/literary performances, speak about driving safety or anything else innovative to drive the message of safe driving home. To sign up, please send an email to **BOTH** Ellen Kent at ekent@health.usf.edu and Kristen Meadows at Kristen@dorislosberg.org.

Saturday, March 3rd, 11 am to 3 pm. USF College of Education “Learning is Wonder-bull” Children's Festival. The festival will be held around the College of Education Building. This is a great chance to motivate kids to become a health professional just like you are studying to be! COPH students can participate in handwashing education activities, COP students can lead a poison prevention activity, and COM, CON, DPT, students can show the kids their ‘tools of the trade’ (e.g . goniometer, BP Cuff, stethoscope!) Up to 10 USF Health students can sign up with Raymond Decuba at rdecuba@health.usf.edu with COM 2015 and International Health Service Collaborative (IHSC).

Saturday, March 10th, 9 am - 4 pm. Tampa Children's Expo at the Florida State Fairgrounds (See also <http://childrensexpos.com/tampa/tampa-childrens-expo/>) USF Health students are invited to assist St. Joseph's Children Hospital Child Advocacy Department /Safe Kids Tampa with an amazing indoor Bicycle & Pedestrian Safety Rodeo. We will fit children with a free, brand new bicycle helmet, and then guide them through a fun course, using a 'loaner' bicycle, scooter or tricycle. Up to 10 students can sign up with Ellen Kent at ekent@health.usf.edu. Lunch will be provided!

Friday, March 23rd, 4-6 pm. Fitness and Fun Picnic at Riverfront Park for Farmworkers Self Help Teen Dream Group. Up to 25 student volunteers can participate in a variety of fun nutrition education and fitness games with the kids! Please sign up with Bernice Lopez at blopez1@health.usf.edu with Global Health Student Association.

March 28th, 10 am - 2 pm. March Madness is a fantastic basketball event organized by Success 4 Kids and Families, and will be held this year at the Lake Magdalene campus of Hillsborough County's Department of Children's Services. Kids with emotional and behavioral challenges who attend schools without organized sports have the opportunity to play in this tournament. Volunteers are needed to assist with this event both indoors and outdoors. Volunteers should dress comfortably and plan to arrive at 9:30. Please contact Clara Reynolds at creynolds@s4kf.org to sign up! See also [March Madness.pdf](#)

Tuesday, April 3rd, 9 am – 4 pm. Health Awareness and Safety Fair at Benito MS. COPH and other USF Health student volunteers can sign up with Ellen Kent at ekent@health.usf.edu to lead a variety of interactive learning stations and help younger middle school students 'experience' healthy behaviors. Our 'stations' will include: Drug abuse awareness and prevention; poison prevention; Safe walking and bicycling (and not texting!); smoking prevention; our COPH "Public Health is Your Health" game; Info on health professions; the nutrition and fitness 'equation' ... and more!

Tuesday, April 3rd, 11 am- 6 pm. Give Life Day at the COPH. In recognition of National Public Health Week and National Donate Life Month, the USF community is invited to participate in any of the following drives at the College of Public Health. For more information, contact Ellen Kent at ekent@health.usf.edu.

- **You can donate blood at the Blood Drive:** You can make an appointment at <https://www.fbsdonor.org/index.cfm?group=op&expand=159386&zc=33612> or stop by for a 'walk-in' appointment.
- You can register (in person) for the **National Marrow Donor Program (NMDP)** <http://www.marrow.org/>
- You can register (in person) to become an organ, tissue and/or eye donor, through **Donate Life Florida.** <http://www.donateliflorida.org/>

Thursday, April 5th, 6:45 – 8:00 pm. Hope Lodge Spring Fling Picnic! USF Health students are invited to a fun dessert party with the residents at the American Cancer Society's Benjamin Mendick Hope Lodge who are being treated for cancer at Moffitt and other area hospitals. Up to 25 student volunteers can sign up with Brittany Smith at bsmith3@health.usf.edu with Public Health Student Association (PHSA). Please also specify what type of dessert or decoration you can bring!

Saturday, April 21st, 8 am – 3 pm. Paint Your Heart Out Tampa!

Come have a heart and join the USF Health Service Corps student team for 'Paint Your Heart Out' Tampa. You will be able to have fun while you brighten the lives and homes of low-income elderly homeowners in the City of Tampa! Interested students can sign up with Ellen Kent at ekent@health.usf.edu. See also <http://www.pyhot.org/>

Saturday, April 21st, 10:30 am - 12:30 pm. Community Cares Fair at the Wilbert Davis Belmont Heights Boys & Girls Club. USF Health Service Corps volunteers can lead stations with interactive activities on the themes of: 'Prevent Poisonings'; 'Safety on the Move'; 'Don't Smoke'; 'Check out the Health Professions'; and 'Stay Fit and Eat Well!' Interested students can sign up with Ellen Kent at ekent@health.usf.edu.

May 11th-13th, 2012 – The Dixie Games, a 3-day competition for athletes with physical disabilities for Youth and adults, held in Olympic-style venues, is being held in Tampa again this year. This event allows athletes with physical disabilities to showcase their abilities in a variety of sports. There will be numerous opportunities for student volunteers to help out with the sporting events as well as equipment set up/tear down, logistics, social events, etc. All volunteers must be at least 16 years old and must sign and return the [2012 Volunteer Release & Waiver Form](#) and [2012 Volunteer Sign Up Form](#) to Volunteer Coordinator Marilyn Harper at mharper@shrinenet.org or Fax: (813) 866-7743 or Shriners Hospitals for Children® Attn: Marilyn Harper - Rehab Department 12502 USF Pine Drive Tampa, FL 33612. (Phone: 813- 975-7142)

Saturday, May 12th, 10:30 am – 4:30 pm. (rain date of May 19th). Springtime "Spruce Up" Project! A new painting/gardening/decorating project for Miracles Outreach Fresh Start Residential Home! See also [Spruce Up Flyer](#) and <http://www.miraclesoutreach.org/Programs.html>. Our goal is to help spruce up one of the residential group homes for young girls – this is a wonderful opportunity to share your creativity and energy to help these teens feel special. All painting and gardening items will be provided, we just need your energy and enthusiasm and creativity! You can also bring slightly used/almost new clothing, hygiene, household or fitness items which you think would be appealing to teens! (e.g. decorations, storage items, hair styling items, books and magazines, hula hoops, jump ropes, etc.). Up to 20 student volunteers can sign up with Kerolos Fahmi at kfahmi@health.usf.edu with COM class of 2014. Even if you can not come, feel free to contact Kerolos or Ellen Kent if you wish to donate any of the above items.

Saturday, May 19th, 8 am – 4 pm. The First Annual Women, Heal Thyself: Mind, Body Spirit Health Conference at USF Marshall Center. This educational event is sponsored by Florida Minority Health Promotion Network, Inc. (FMHPN) and HHS, Office on Women's Health and is designed to provide attendees with the health information, tools, and resources they need to take care of the whole SELF. See also <http://womenshealthconference2012.weebly.com/>. Student volunteers in non-clinical programs are invited to assist in the following roles/capacities: registration; serving as moderators for breakout sessions; serving as meet and greet experts; and assisting in the health ed/vendor area. Volunteers can attend the entire conference for free. Please contact Melissa Tirotti, Volunteer Coordinator at mtirotti@health.usf.edu if you wish to volunteer in this non clinical capacity and specify if you prefer to volunteer for the morning, afternoon or all day. Free breakfast and lunch provided for all conference participants. Please note that USF students will be participating in a **non-clinical** capacity in this event. COM and CON students who are interested in volunteering in a clinical capacity are encouraged to sign up for the Saturday, May 19th, Speaking of Women's Health Fair at Tampa Convention Center; see last entry in section I.

Saturday May 19th, 10 am – 2 pm. Sligh Middle School Health Fair <http://sligh.mysdhc.org/documents/healthfair2012.pdf>
Our College of Pharmacy students will have a station to teach the youth about medication safety... and we still have room for other USF Health students to set up additional health education activity stations. Please contact Ellen Kent at ekent@health.usf.edu if you are interested!

III. Fun Fundraising Events

Passionately Pink for the Cure! We have our own USF Health Service Corps Passionately Pink for the Cure team to raise funds for Susan G. Komen Foundation in the fight to end breast cancer forever. We will be doing creative fundraising events/bake sales, etc. within each academic discipline during the month of February. To learn more, you can contact the following student leaders in each college/program: COM Candace Haddox chaddox@health.usf.edu; COPH Nathalie Fish nfish@mail.usf.edu; and COP Tory Lee tleee6@health.usf.edu.

Saturday, February 25th, 2nd Annual Tampa Bay National Eating Disorders Association Walk at Al Lopez Park. Registration/Check-in opens at 9:00 am; Walk begins at 10:00 am. Come join our USF Health Service Corps team! See: http://neda.nationaleatingdisorders.org/site/TR/NEDAWalk/General?pg=team&fr_id=1580&team_id=4960

Sunday, March 18th, 8:30 AM. First Annual Race for Her Life - Fighting Ovarian Cancer Research 5 K race at USF Sun Dome. See website at: <http://www.active.com/running/tampa-fl/race-4-her-life-fighting-ovarian-cancer-2012> All profits of the event will be donated to ovarian cancer research or aimed to assist in reducing the costs of ovarian treatment options for patients. This race is an initiative of a USF student! Contact: Monique Konstantinovic at mkonstan@mail.usf.edu.

Sunday, March 18th, The American Diabetes Association's Tour De Cure Bike Ride in Orlando, Florida Come join our USF Health student team -see http://main.diabetes.org/site/TR/TourDeCure/Tampa-OrlandoArea?pg=team&fr_id=7990&team_id=527903 . Start/Finish at University of Central Florida College of Medicine 6850 Lake Nona Blvd, Orlando. Registration fee: \$25 (includes breakfast, lunch, fully supported ride and t-shirt) Minimum fundraising amount: \$150. Contact Adam Schwartz at aschwartz@health.usf.edu .

Friday, March 23rd, 6- 8 pm, Walk Like MADD at USF! Come join our Service Corps team for this fundraising event for Mothers Against Drunk Driving; see website at <http://support.madd.org/goto/USFHealthServiceCorp> . Our efforts will help us eliminate drunk driving in our community, prevent underage drinking and provide support to victim survivors. By signing up with a small registration fee (\$15 for participants under 21 years of age and \$20 for participants over 21), you will receive a free t-shirt, enjoy delicious food (e.g. Olive Garden and other great restaurants!), visit the health expo area, and have fun, all while you are contributing to MADD! Contact: Ellen Kent, ekent@health.usf.edu .

Saturday, March 24th. 7 am. TAMPA BAY PARKINSON'S RUN at USF! Registration can be done at the following link: <http://www.active.com/running/tampa-fl/tampa-bay-parkinsons-run-2012?int=29-6> By signing up with a \$20 entry fee, you will receive a complimentary race t-shirt as well. For additional information, contact team captain, Peter Mavronicolas at mavronicolas@mail.usf.edu . Team Fox is The Michael J. Fox Foundation's (MJFF) grassroots community fundraising program. All funds raised through Team Fox go directly to MJFF to further its mission to accelerate the delivery of life-changing treatments, and ultimately a cure, to people with Parkinson's disease.

Saturday, March 24th. Fight for Air Climb at the Bank of America Plaza in Tampa. The USF Students with Asthma and Allergies Group will be participating in this awareness and fundraising event. See also <http://www.lungusa.org/pledge-events/fl/tampa-climb-fy12/local/event-information.html> For additional information on how you can help our USF team, please contact Sara Spowart at sspowart@health.usf.edu.

Sunday morning, April 1st. Be The One Run to support Be The Match at Al Lopez Park. Event Village Opens: 7:30 a.m. and 5K / 1K: 9 a.m. Be The One Run unites communities nationwide to help give people with blood cancers like leukemia and lymphoma and other life-threatening diseases their best hope for a cure - a marrow transplant. Please support our [USF College Of Pharmacy](#) team! For additional information, contact Theresea Trindade at mtrindad@health.usf.edu.

Friday, April 13th, 6 pm. Relay for Life at USF Soccer and Track Stadium. You can click on this website at http://main.acsevents.org/site/TR?pg=entry&fr_id=36952 and scroll down to click on the links for the different USF teams.

April 21st -22nd. Bike MS (aka MS150) Citrus Tour to benefit the National Multiple Sclerosis Society. Come join our USF Health student team – see <http://main.nationalmssociety.org/goto/usfhealth>. This ride starts/ends in Lake Wales with an overnight stop in Orlando. Registration fee: \$22.50 (includes breakfast, lunch, dinner, fully support ride and t-shirt). You can register as a “team cyclist” and use discount code “2012topbanana” which will give you 50% off registration. Minimum fundraising amount: \$250. Contact Adam Schwartz at aschwartz@health.usf.edu .

Saturday, April 28th, 8 am -10 am. March of Dimes 'March for Babies' walk in Tampa, starting at the Tampa Bay Times Forum, 401Channelside Drive, Tampa, FL, 33602. You can access the web page by going to <http://www.marchforbabies.org/> then click on 'Join a team', then type in USF Health, hit 'search', and click on the [USF Health Service Corps](#) link that will appear in the next window. For more information, contact Ellen Kent at ekent@health.usf.edu.

Saturday, April 28th, 7 am – 10 am. 'Run in the Dirt' Free Clinic 5k at the USF Recreational Area (off Maple Drive) . Anyone can attend! Any runners of any level can come and enjoy! All proceeds will benefit will the local free clinics (BRIDGE clinic, JC Clinic, and Brandon Outreach Clinic), where many of our medical students volunteer! See website at http://www.active.com/page/Event_Details.htm?event_id=2022908&assetId=f0557049-2c89-4ff4-844e-33a154b2605d . For more information, contact Rachel Pyngolil at rpynboli@health.usf.edu .

Saturday morning, May 12th, Miles for Moffitt! <http://www.milesformoffitt.com/> If you wish to participate, click on the register link at <http://www.milesformoffitt.com/MilesforMoffitt/Register.aspx> . In fact we now have a COPH team, so you can click [here](#) if you wish to run or walk with us. Alternatively, if you wish to serve as a volunteer, click here: <http://www.milesformoffitt.com/MilesforMoffitt/Volunteers.aspx> Either way you can benefit the community and have fun!

IV. Health Education and Other On-Going Service Projects

A. Teaching and Mentoring Opportunities

Unique opportunity to teach youth in the public schools! We have established partnerships with a number of local elementary, middle and high schools in Hillsborough County, which welcome our USF Health students to serve as speakers. **WHEN:** Anytime, please note that we are setting up special teaching days at local schools **in May**.

HOW: To sign up, please email Ellen Kent, MPH, CPH, at ekent@health.usf.edu with this information: *Email subject line:* Teaching in the schools *Email Content Matter:* Please include the following info: Your name(s) Your academic program; What age you prefer to teach (elementary, middle or high school) ; Subject matter that you plan to teach; your phone number and what days/times you can teach. It is best to list a few days and then Mrs. Kent will match you to a local school that is looking for speakers and call you with final details, directions, contact information at the school, etc.

HELPFUL HINTS: You can bring in your 'tools of the trade' associated with your particular academic program (e.g. a stethoscope; a pedometer; goniometer, scientific meter, etc.) and you can explain how you use these items and your key role as part of the health care team. It is helpful to tell the students what you plan to do in your future health profession and the number of years of education/training needed for your profession. You may wish to lead the students in an activity (e.g. hand washing) and what they can do to stay healthy/prevent illness and injury. You may also wish to describe an exciting domestic/international field experience or service trip that you participated in.

Tuesday, February 7th, AMAZING new opportunity for our USF Health students to serve as science fair judges! We are looking for enthusiastic USF Health students, with a knowledge of /and appreciation for research, and a desire to help youth, to serve as judges for the Hillsborough Regional Science and Engineering Fair, at the Tampa Convention Center! Elementary division judges are asked to dedicate 4 hours of their time, from 9 am to 1 pm, & secondary division judges are asked to dedicate 5 hours of their time, from 11 am - 4 pm. To sign up, please email Ellen Kent at ekent@health.usf.edu and specify whether you wish to serve as a judge for the elementary or secondary school division.

The Refugee Youth and Family Program and the Naturalization Assistance Program are non-faith based programs of Gulf Coast Jewish Family & Community Services, Inc. <http://gcjfccs.org/refugee/refugee-programs> . We need tutors and mentors to help refugee children succeed in school. We also need volunteers to help adult clients gaining citizenship to fully prepare for the interview process. Please note this is a six month commitment; please contact Danielle DiPietro, Volunteer Coordinator for Hillsborough County, at DDiPietro@gcjfccs.org at (813) 558-1370 x 321.

The Explorers program provides high school students interested in a career in healthcare with the opportunity to learn more about what options are available and how to achieve them. Volunteers will lead a team of students through activities and problem based learning to learn about health topics and the associated healthcare careers. As mentors and role models, volunteers will help the students develop the skills necessary to achieve their goals of becoming health professionals. The program will meet one Saturday a month through May and we can work with those who are interested in joining, but unable to attend every session. **Location:** USF COM **Dates:** January 28, February 18, March 17, April 7, and May 12.

Time: 9:00-1:00PM **USF Leader:** Jason Ricciuti (jricciu1@health.usf.edu)

The Brain Expansion Scholastic Training (B.E.S.T) Program works with minority students to provide academic support and health career exploration. At this point we need volunteers to work at Mt. Calvary's middle school from 3:30 till 5 during the week (any weekday). The school is only ten minutes from USF and you can volunteer as much or as little as your schedule can manage. We are really flexible because I understand how busy everyone is.

During this time you work with a small group of students and tutor/mentor these students. We hope to connect the idea of success in school equates to success in life. This concept is familiar to us but some of the students lack the support at home to know this idea. In addition, we discuss the immense opportunities available to students in the healthcare field.

Location: Mount Calvary Academy (3111 East Wilder Ave., 10 min from USF)

Dates: Every weekday afternoon **Time:** 3:30-5:00PM **USF Leader:** Justin Abbatemarco (justinabbatemarco@gmail.com)

The Boys & Girls Clubs believe every child has the potential to be great. In support of this strong conviction, Clubs strive to build driven and independent adults. The Boys & Girls Club family – a community of staff, volunteers, parents, youth and supporters – work together to create a positive place, full of hope and opportunity, for every child. We are partnering with the staff and administrators at the Wilbert Davis Boys and Girls Club. Many would consider the children that attend this Boys and Girls Club to be “at risk”. We believe that they are resilient and capable of achieving great things. We will be targeting grades 6-12 addressing various pertinent public health topics. The program will meet one Friday a month, January through May. If you can't attend every month, that is fine and just bring that to our attention ahead of time.

Location: Wilbert Davis Boys and Girls Club (3515 Sarah St., 20 min from USF) **Dates:** January 27, February 17, March 16, April 20, May 4th (or 11, TBD) **Time:** 4:00-5:30/6:00PM **USF Leader:** Nayiesha Curtis (ncurtis@health.usf.edu)

B. Health Clinics for Medically Underserved Populations

Catholic Mobile Medical Services - weekly primary care clinic at San José Mission in Dover, Monday evenings, 6-9 pm and the first Friday of the month from 3-8 pm. The majority of the adults who seek care at this clinic are only able to speak and understand Spanish. Clinical component: Bilingual medical and nursing students will learn about primary care through shadowing and assisting residents and volunteer physicians - there is room for two Spanish speaking clinical (COM or CON) students at a time; Non clinical component: Bilingual USF Health students can assist as interpreters in the waiting room; there is room for one student at a time. Please sign up with Sister Sara Proctor, PA, at (813) 690-7467 a week in advance.

Red Crescent Clinic (www.redcrescenttampa.org) USF COM students can gain clinical experience at the Red Crescent Clinic on Tuesdays, Thursdays, and Saturdays from 9:30-12:00. The Red Crescent Clinic is located near Sligh Ave and 56th Street, about 15 minutes from campus) that offers free health care for patients. Trained USF Medical student volunteers will be able to assist with blood pressure measurements, taking histories, and other clinical activities. Please register at <https://spreadsheets.google.com/ccc?key=0Am41GFVTcjnkDHRaTXJ6MW5mWjFaVWl6LUZEBUtPQVE&hl=en&authkey=CKaB34kM#gid=0> Students can also contact Mariam Zeini, MSI Muslim Student Doctor Association Co-President, at mzeini@health.usf.edu.

Judeo Christian Health Clinic (<http://www.judeochristianhealthclinic.org/>) For the months of May – July, students enrolled in the MD program in the USF Morsani College of Medicine can assist with clinical activities on every Monday and Wednesday afternoon, and one Wednesday evening a month (May 9th, June 13th and July 11th). To sign up, medical students should contact Ellen Kent at ekent@health.usf.edu. NOTE: Bilingual USF students can also serve as interpreters at this clinic, but they need to complete the AHEC medical interpreter course; see <https://www.ahecregistration.org/index.php/welcome/vieweventdetails/5a4b25aaed25c2ee1b74de72dc03c14e>

Brandon Outreach Clinic (<http://www.brandonoutreachclinic.com>) For the months of May – July, students enrolled in the MD program in the USF Morsani College of Medicine can assist with clinical activities on Thursday mornings. To sign up, contact Ellen Kent at ekent@health.usf.edu.

The BRIDGE Healthcare Clinic is a student-run free clinic that is held on Tuesday evenings at the USF Morsani Center – 5th floor. (BRIDGE stands for Building Relationships and Initiatives Dedicated to Gaining Equality.) Medical and Physical Therapy students can register to volunteer at: <http://health.usf.edu/bridge/index.htm>. COPH and other bilingual USF Health students can also sign up to volunteer as interpreters at the above website.

V. Collection Drives

January 17th - February 7th. Winter Canned/Box Food Collection Drive to benefit inter-denominational groups. Collection boxes will be located throughout USF Health. This year, we will donate our food items to the Tampa Jewish Family Services Community Food Bank which assists individuals and families of all faiths in the Tampa area, as well as Catholic Mobile Medical Services. Contact: Ellen Kent at ekent@health.usf.edu.

February 7th - March 7th: Spring-time Collection for Hygiene Items for students traveling on international service trips this spring. Collection boxes will be located throughout USF Health. We are collecting hygiene items for: nursing students participating in clinical experiences in Panama; medical students contributing to the Project World Health trip to the Dominican Republic and the Caribbean Outreach through Medical Missions Association trip to Jamaica; public health students participating in the Global Health Student Association trip to Dominican Republic; and students traveling to Panama with the International Health Service Collaborative. Contact: Ellen Kent at ekent@health.usf.edu.

March 7th - March 30th: Help Other Kids Spring into Spring with New Shoes & Socks! A collection of NEW (new only) shoes and socks to benefit children participating in programs through the Boys and Girls Clubs of Tampa Bay. This project is being spearheaded by College of Pharmacy (COP) students participating in a project at the Boys and Girls Club. We will have collection boxes set up throughout USF Health. Please contact COP students Jennifer Grant at jgrant1@health.usf.edu or Theresa Trinidad at mtrinidad@health.usf.edu for more information or to make large donations!

April – May: Donations for Panama. Two groups of CON students will be traveling to Panama during the summer semester to participate in community health clinical experiences in urban and rural communities. The following items can be donated to the collection box in CON gathering space: sheets, towels, balls, hygiene items, clothing and shoes. Thank you!

To help you plan ahead... During July, we will have two concurrent drives: Our annual Tools for Schools collection of *NEW* school supplies to benefit children in the University Area community AND our collection of almost new/slightly used books for the USF [Reach Out and Read](#) program.

VI. Camps for People with Special Health Care Needs

Camp Boggy Creek is a year-round camping facility for children, ages 7-16, who have chronic or life-threatening illnesses (e.g. heart disease, HIV, sickle cell anemia, and cancer). Boggy Creek programs include week long summer sessions and weekend programs throughout the school year. Contact: Robin Brubaker, the Volunteer Coordinator, at (352) 483-4200 ext. 293, or email rbrubaker@boggycreek.org. See web site at <http://www.boggycreek.org/>. The spring and summer schedules are listed at http://www.boggycreek.org/volunteers/volunteer_calendar/volunteer_calendar.html and volunteer forms are available at http://www.boggycreek.org/volunteers/volunteer_application.html

Florida Diabetes Camps: Sam Feld Sports Camp at USF <http://diabetes.health.usf.edu/samfuldcamp/> (February 3rd-4th) and BRING A FRIEND WEEKEND for K- 4th Graders (April 21st -22nd) at Rotary's Camp Florida, Brandon. To sign up, contact Gary Cornwell at (352) 334-1321 or volunteers@floridadiabetescamp.org. See also <http://www.floridadiabetescamp.org/>.

May 25th - 28th, 2012 (Memorial Day Weekend) Camp Alegria at Rotary Camp Florida in Brandon. Camp Alegria is a 3-Day retreat for Latinas who have been diagnosed with cancer. Activities are centered around education, support, networking and celebrating life. Please visit our website at: http://lunacancerapoyo.org/camp_alegria. USF Health students can sign up to volunteer for whatever times slots they are available, between Friday 9 am- Sunday 4pm. Ability to speak Spanish is preferred but not required. To volunteer, please contact Dinorah (Dina) Martinez Tyson, Ph.D., MPH at dmtyson@usf.edu or 813-728-5895.