



NOV HEALTH

Federal funding

\$14 million will help USF train HIV/AIDS health care providers

The USF Center for HIV Education and Research has been awarded a highly competitive, \$14 million, 5-year grant to provide HIV/AIDS training to healthcare providers in Florida, Puerto Rico, and the Virgin Islands, a region that ranks among the top 10 states/territories affected by HIV.

Awarded by the U.S. Health Resources and Services Administration (HRSA), the grant is the largest in the Center's history and will allow for continued development of its Florida/Caribbean AIDS Education and Training Center (AETC).

"Almost five million people become newly infected with HIV each year and more than 90,000 people are currently known to be living with HIV/AIDS in the region of Florida, Puerto Rico and the Virgin Islands," said Michael Knox, PhD, founder and director of the Center.

"Yet, despite evidence of a serious crisis, there is a critical lack of qualified health care providers who can respond to this epidemic. The new funding will allow the Center to offer the very latest in AIDS education, training, and consultation so that front-line healthcare providers can give their patients the best care possible."

The Florida/Caribbean AETC is one several centers based at leading universities, including Columbia University, Emory University, University of Illinois, University of Massachusetts, and the University of California. Each is federally mandated to train health personnel in the diagnosis, treatment, and prevention of HIV disease.

In order to meet this mandate, the Florida/Caribbean AETC will offer
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In memoriam: Pierre Bouis, MD

Former COM faculty member Pierre J. Bouis, Jr., MD, passed away July 25. He was 61.



Dr. Bouis was a faculty member at USF for nearly 18 years, joining the Department of Obstetrics and Gynecology in 1976. He was associate dean for USF's Continuing Medical Education from 1984 to 1993 and was a past president of the Hillsborough County Medical Association.

Dr. Bouis is survived by his mother, sister, two sons and one granddaughter. His wife Janice preceded him in death.

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New team

USF launches Sports Medicine Institute

The new USF Sports Medicine Institute launched its first youth sports safety course for coaches July 26. Instructor Dr. Eric Coris was interviewed by local media following the course, which drew more than 30 coaches from Hillsborough County high schools. For more on the Institute, see page 3.



Photos by Eric Youngmans



See story on page 3.

Like mother, like daughter

Family team graduates together from CON

By Elizabeth Peacock

The idea of a mother and daughter shopping together, talking long hours on the phone or even cooking old family recipes is universal. Yet the thought of graduating from college together might seem a little unheard of.

But Lois Simmons, 43, and Morgan Tempel, 21, take their relationship to a new level, making graduation a family affair. On August 13, this mother-daughter duo will each receive a bachelor's degree in nursing from the USF College of Nursing.



Photo by John Lofreddo

Lois Simmons and Morgan Tempel.

Lois never thought after raising and watching Morgan become an independent young woman she would be graduating alongside her daughter.

"I am and will always be grateful for Morgan giving me the kick I needed to join her in the nursing program," said Lois.

Morgan was enrolled at USF and started the early admission nursing
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One of two centers in Florida

USF named National Parkinson's Foundation Center of Excellence

The National Parkinson's Foundation has designated the USF Parkinson's Disease and Movement Disorders Center as an NPF Center of Excellence, making it one of 39 such centers worldwide.

USF and the University of Florida's McNight Brain Institute are the only two NPF Centers of Excellence in Florida.

"We're very pleased to receive this prestigious international recognition of our program's record of excellence" said Robert Hauser, MD, MBA, USF professor of neurology and director of the Center.

"The designation constitutes the Foundation's public seal of approval – defining the gold standard in Parkinson's disease research, care and outreach."

Centers of Excellence are expected to be leaders in providing innovative models of service, conducting research to enhance the knowledge and treatment of Parkinson's disease, and supporting community health promotion efforts. The designation allows USF to apply for NPF grants.

Established in 1986, the USF Parkinson's Disease and Movement Disorders Center treats patients with Parkinson's disease and other movement disorders including tremor, dystonia, Huntington's disease and restless legs syndrome. One of the top sites in the country for testing new medications for Parkinson's disease, the Center is also working to refine new surgeries and develop innovative cell-based therapies that may offer hope for patients who no longer benefit from drug therapy.

Recent research has included evaluation of antiepileptic medications for the treatment of Parkinson's and dyskinesia, the involuntary movements associated with the disease; participation in a clinical trial resulting in the first FDA approved medication for patients with moderate-to-severe restless legs syndrome; and testing the first non-dopamine medication in development for Parkinson's. Researchers are also studying implantation of human retinal epithelial cells to treat advanced Parkinson's.

The Parkinson's Disease Program includes a staff of 19, including neurologists, neurosurgeons, nurses, clinical research administrators, a neuropsychologist, a social worker, and physical, occupational and speech therapists.

(((In the News)))

The launch of the USF Sports Medicine Institute's first youth sports injury course for coaches July 26 was widely covered by local media, including the *Tampa Tribune*, *Fox-13 News*, *Bay News 9*, *ABC Action News Ch. 29*, and *WB 38*. USF family physician **Eric Coris, MD**, director of Sports Medicine, was interviewed on sport injury prevention for young athletes. Dr. Coris was quoted in a front page story in the Aug. 1 *St. Petersburg Times*. He also appeared with local high school coaches July 27 on *Fox 13's Your Turn* to discuss keeping kids safe on the playing field.

USF infectious diseases physician **Douglas Holt, MD**, commented in the July 28 *St. Petersburg Times* on Florida's first case of eastern equine encephalitis in two years.



Jane Brody's July 26 *New York Times* health column, published in newspapers nationwide, cited a recently published research review of weight loss drugs by dietitian and nutritionist **Susan Moyers, PhD, MPH, MBA**, of the COM's Pediatric Epidemiology Center.



July 26 on *Fox 13 News* **Neil Fenske, MD**, director of the Dermatology, discussed the cream Aldara (Imiquimod), a nonsurgical option for some patients with superficial basal cell carcinoma, a common form of skin cancer.

Anne Curtis, MD, director of Cardiology, has fielded national media inquiries throughout July about recent recalls of one manufacturer's implantable cardiac defibrillators and pacemakers. She was quoted in *Health Day*, *Modern Healthcare*, *Atlanta Journal Constitution*, *Forbes*, and the *Tampa Tribune*, and appeared on *Bay News 9*.



A July 25 *Fox 13 News* segment featuring the latest treatments and research for asthma included interviews with **Richard Lockey, MD**, director of Allergy and Immunology, and **Shyam Mohapatra, PhD**, director of basic research for the division. Dr. Lockey also commented on Red Tide's effect on the respiratory system July 12 on *ABC Action News Ch. 28*.

Lois Babione, registered dietitian at the USF Diabetes Center, commented July 15 on *News Channel 8* on the Volumetrics diet, an eating plan that emphasizes feeling full on satisfying, healthful food with fewer calories.

Robert M. Nelson, MD, chair of Pediatrics, commented on factors contributing to the lack of pediatric specialists, including Medicaid reimbursement and increased potential for malpractice, in the July 14 *Daytona Beach News-Journal*.

Compiled by Susanna Martinez, smartin1@hsc.usf.edu, and Anne DeLotto Baier, abaier@hsc.usf.edu.

Gov. Bush names CON master's student to cancer advisory council

Florida Governor Jeb Bush has appointed Cynthia J. Brown to the Florida Cancer Control and Research Advisory Council.

During her term, which began in July and ends in December 2008, she will be part of the 35-member council that advises the governor and the secretary of health on cancer issues.

Brown is a hospice nurse and is a graduate

student in the master's program at the USF College of Nursing. Focusing on oncology, she is expected to graduate in December as a nurse practitioner. Brown is working with CON professor Susan McMillan, RN, PhD, on a 30-month project funded by the National Institutes of Health exploring how to improve quality of life for terminal patients and their caregivers.

FYI: Name change

The Department of Pharmacology and Therapeutics is now the **Department of Pharmacology and Molecular Therapeutics.**

USF launches Sports Medicine Institute

Keeping kids safe on the playing field

By Anne DeLotto Baier

USF has begun building a national model for sports medicine that will emphasize injury prevention and safety for athletes, particularly for the growing number of young players on school and recreational teams. The initiative is being led by orthopedic surgeon Lawrence J. Lemak, MD, an internationally renowned expert in the field of sports medicine who has been appointed interim chair of Orthopedic Surgery and associate director for the Sports Medicine Institute at USF Health.

USF received \$500,000 from the Florida Legislature this year to begin an interdisciplinary Sports Medicine Institute that will build upon USF Health's existing strengths in medicine, nursing, public health and physical therapy. The Institute is a collaboration between USF Health and medical staff at the Athletics Department and School of Physical Education, Wellness and Sports Studies.

"The Institute will be a research, teaching and clinical center that brings new perspectives to the prevention and treatment of sports-related illness and injury in athletes of all ages," said Stephen Klasko, MD, MBA, dean of the College of Medicine and vice



The Sports Medicine Institute launched its first youth sports safety training program July 26 for local high school coaches. More than 30 coaches completed the course, known as PREPARE, which was developed by the National Center for Sports Safety founded by Dr. Lemak. The course prepares coaches in the

basics of emergency planning – like knowing what to do when faced with a head and neck injury or heat-related illness until professional help arrives.

"We're very excited about USF's commitment to help our coaches do all they can to prevent and manage sports injuries among high school athletes," said Vernon Korhn, director of athletics for Hillsborough County Schools.

A founding partner of Alabama Sports Medicine and Orthopaedic Center — one of the nation's leading orthopedic clinics — Dr. Lemak is a pioneer in sports medicine and arthroscopy research. He is a founder and board member of the American Sports Medicine Institute, which has educated more than 100 physicians and surgeons through its internationally-recognized sports medicine fellowship program.

Dr. Lemak will work with Eric Coris, MD, assistant professor of family medicine and director of the Division of Sports Medicine, and William S. Quillen, PT, PhD, director of the School of Physical Therapy, to advance the sports medicine initiative as USF enters the Big East conference. He will also lead the national search for an orthopedics chair at USF and work toward re-establishing an orthopedic residency program at the medical school.

Dr. Coris runs a sports medicine clinic at the USF Tampa campus three days a week and Dr. Quillen is one of the first physical therapists in the country to be designated a sports certified specialist.

The USF College of Public Health will work with the Institute and community partners to create a pediatric sports injury registry for the greater Tampa Bay area.

For more information about the [USF Sports Medicine Institute](#), please call 813-974-2918 or contact the USF Physical Therapy Center at 813-974-8613.

Stats

Youth Sports Injury Facts

- Each year more than 3.5 million children in the United States under age 15 are treated for sports injuries.
- Children age 5 to 14 account for nearly 40 percent of all sports-related injuries treated in hospital emergency departments. Injuries increase as children become larger, faster and more competitive.
- More than half of all sports injuries occur at practice.
- The number one cause of death among athletes is cardiac disease, traumatic head and neck injury is second, and heat illness ranks third.
- 21 percent of all traumatic brain injuries among U.S. children are sports or recreation related.
- The following percentages of athletes ages 5 to 14 have been injured playing their respective sports:
 - 28% of football players
 - 25% of baseball players
 - 22% of soccer players
 - 15% of basketball players
 - 12% of softball players

Sources: National Center for Sports Safety (www.SportsSafety.org), National Athletic Trainers' Association, National SAFE KIDS Campaign.



More than 30 area coaches attended the inaugural sports safety course for the USF Sports Medicine Institute. Mickie Cuppet, EdD, ATC, coordinator of athletic training at USF, was one of the presenters.

president for USF Health.

"USF is uniquely positioned to develop an institute that promotes the health and safety of athletes through prevention, healing and discovery," Dr. Lemak said. "The Tampa Bay area has an underserved and growing population of youth and high school athletes, as well as large numbers of college, professional and aging athletes. The leadership here recognizes a tremendous opportunity to reach out to the community through sports medicine."

HIV/AIDS grant

(Continued from page 1)

expert clinical consultation on all aspects of managing patient care, intensive clinical preceptorships and mini-residencies, workshops and seminars, publications, hands-on supervised clinical experience, and technical assistance on HIV clinical issues.



Dr. Michael Knox

The AETC will also provide education to many health professionals whose specialty is not HIV, but who include among their patients people living with HIV. Many of these providers practice in areas where there are no HIV specialty doctors, and the majority of their patients are from minority and other underserved populations.

Founded in 1988, the USF Center for HIV Education and Research is within USF's Louis de la Parte Florida Mental Health Institute. View the center website at www.usfcenter.org or call 813-974-4430, or toll free at 866-352-2382.

Mother/daughter

(Continued from page 1)

program. At the time, Lois was considering going back to college.

"I did accounting for many years, but the prospect of working with numbers for the next 20 or 30 years did not thrill me," she said. "I am fortunate to have had my husband and Morgan's support to be able to return to college and get my degree in nursing."

The two students enjoyed going through the program together and made a great team when it came to comparing notes and studying material.

"We have a totally different studying habits though, and I know I annoyed the heck out of her on study nights," Lois said.

According to Morgan, her mother likes to highlight every piece of information and read it several times.

"I can read it once or twice and then go out to a movie with my husband."

However, Lois did make the better grades.

"I definitely admire how much dedication she put into her studies, she definitely deserves it," Morgan said.

After graduation, Lois and Morgan will go their separate ways, working in Tampa together, but in two different fields of nursing.

New faces

Susanna Martinez joins media relations team



TV news veteran Susanna Martinez has joined the USF Health team as director of media relations.

In her new role, Martinez will promote USF faculty in public health, nursing, physical therapy and medicine, including 400 faculty physicians. She will lend her media expertise to branding efforts for USF Health, including on-camera work and streaming video on the USF Health website, www.hsc.usf.edu.

Before joining USF, Martinez served as communications director for the City of Tampa and hosted the city's flagship television show *Spotlight Tampa* on CTTV Channel 15. Prior to that, she was an on-air television news reporter for Bay News 9 for six years, helping launch the 24-hour news channel when it began broadcasting in 1997.

Martinez currently lends her media expertise to several non-profit agencies. She is on the board of directors for the Crisis Center of Tampa Bay and on the public relations and

marketing committees of Metropolitan Ministries, Paint Your Heart Out Tampa, the Tampa Convention and Visitors Bureau, and the Junior League of Tampa.

Martinez graduated from the University of Kentucky with a bachelor's degree in journalism.

Susanna Martinez can be reached at smartin1@hsc.usf.edu or by calling 813-974-2776.

COPH hosts trauma training for children

Close to 20 public health professionals from across the state visited Tampa July 19 to learn from USF experts how best to meet the health needs of children and adolescents after disasters and traumatic events.

Sponsored by the USF Center for Public Health Preparedness, the program is called C-FAST "Disaster Behavioral Health First Aid Specialist Training with Children" and focuses on preparing public health, mental health, and health care workers to respond to the initial behavioral health needs of children and adolescents following disasters and other traumatic events. To date, more than 125 professionals have been trained in C-FAST.

Nadine Mescia, MHS, director of Education and Training for the Florida Center for Public Health Preparedness, and Jennifer Baggerly, PhD, associate professor in the USF Counselor Education program, developed and facilitated the program for participants.

The Florida Center for Public Health Preparedness was designated and funded by the Centers for Disease Control and Prevention (CDC) through a cooperative agreement with the Association of Schools of Public Health in 2001 and was one of the first seven academic public health preparedness centers designated. There are now 27 such centers in accredited schools of public health.



Participants in the C-FAST program use puppets as a therapeutic tool to treat children who have experienced trauma after a disaster such as a hurricane or terrorism event.

"I enjoying working with pregnant women and my mother enjoys a higher intensity med-surgical trauma type unit," Morgan said.

Lois will be working in the critical care unit at Tampa General Hospital while Morgan will be working in Labor and Delivery at St. Joseph's Hospital.

"I can only say that I am very proud of Morgan and I'm blessed that she wanted me, her 'Mom,' to join her in the nursing program."

"I believe going through the nursing school has only strengthened our bond as mother and daughter, and I know we will always be close," Morgan said.