



# Parent Training

The USF Silver Child Development Center conducts workshops that help parents learn skills to help with parenting their child with special needs.

The six monthly workshops cover topics critical to improving parent child interaction. Parents and caretakers of children with Asperger's Syndrome, High Functioning Autism, ADHD/ADD, or Pervasive Developmental Delay would benefit from these workshops.

What participants will learn:

| Day        | Time      | General Class Topic  |
|------------|-----------|--|
| January 10 | 6:30-8:00 | Parent Self Care 101 – Meeting your needs.                                   |
| February 7 | 6:30-8:00 | How to get your child to think about others: The keys to perspective taking. |
| March 6    | 6:30-8:00 | Rowing upstream without a paddle – Navigating the schools.                   |
| April 3    | 6:30-8:00 | Turn off the computer and increase face time: keys to building friendships.  |
| May 1      | 6:30-8:00 | Breathing Easy: Addressing Child self-care.                                  |
| June 5     | 6:30-8:00 | Mending fences: How to help your child shore up a bad reputation.            |

## Program Facilitator

Brenda Curtwright, PhD, CCC-SLP, is a licensed speech-language pathologist and holds the national certificate of clinical competence through the American Speech and Hearing Association. Dr. Curtwright specializes in social skills and pragmatic skill development.

The cost is \$35 per month or \$30.00 per month if all six sessions are prepaid in advance. Please be aware that fees will not be waived due to absences if you elect to prepay for sessions. Methods of payment accepted are: cash, check, and all major credit cards.

**TO REGISTER:** Please call (813) 974-8900 to schedule yourself for the workshop.