Patient Information Sheet

Immediate Postpartum Implant

What is the Immediate Postpartum Implant?

The implant is a birth control option for women who have given birth. You can get the hormonal implant after delivery in the hospital. This is called immediate postpartum implant. A doctor or Certified Nurse-Midwife will insert the implant into your arm.



Why should I get the implant after delivery in the hospital?

* You can get pregnant right away after giving birth
* You have time to heal before getting pregnant again
* It’s convenient and you don’t have to schedule a separate appointment
* It works for years after being inserted
* It works better than all other birth control methods: pills, ring, patch, shot, condoms, and even sterilization

What else should I know about the implant?

* You can still breastfeed while using it
* It does not stop the spread of sexually transmitted diseases (STD’s); use condoms to prevent STD’s
* You may have irregular bleeding or your cycle may change

Where can I get more information?

* Talk to your health care provider
* Baby/birth spacing: <http://www.healthyicc.org/your-health/baby-spacing>
* Implant: <http://www.arhp.org/Publications-and-Resources/Patient-Resources/fact-sheets/single-rod>

Resources:

Florida Perinatal Quality Collaboration

USF Health – College of Public Health

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