TALLAHASSEE MEMORIAL HEALTHCARE

TALLAHASSEE, FLORIDA

POLICY AND PROCEDURE NO. 000.000.00 Date Created: (Date)

­­­ Revised: (Date)

**Long Acting Reversible Contraceptive (LARC) Device**

1. POLICY:

Provide postpartum women with a long acting reversible contraceptive (LARC) option prior to discharge from the Family Care unit.

1. PROCEDURE:
   1. Informed consent for the procedure will be obtained by the Family Medicine Residency provider (FMRP).
   2. LARC can be placed at any time following the delivery and prior to discharge from the hospital.
   3. The RN will provide an education handout to patient in preparation for the LARC procedure.
   4. The FMRP will be responsible for:
      1. Patient education on the risks, benefits, and alternatives.
      2. Placing an order in PowerChart for procedure.
      3. Documenting the procedure in the patient’s electronic medical record. Patient charges will be linked to provider’s procedure note.

E. Once the order is placed by provider, the pharmacy will deliver the device to the unit.

F. The RN will obtain medical procedure consent and assist the provider throughout the procedure.

G. The RN will continue to monitor the patient’s status post- procedure, observe the dressing during every shift assessment, and document findings.

H. The RN will notify the provider if the patient experiences severe pain, swelling, and/or redness at the insertion site if the Nexplanon device was used.

I. The RN will teach the patient how to care for the dressing and then the surgical site after the bandage is removed if the Nexplanon device was used.

J. The RN will provide the patient with written contact information in the discharge/depart instructions for complications related to the insertion procedure.

K. The RN will be responsible for documentation in PowerChart regarding assisting the provider, performing the golden moment before the procedure starts, and how the patient tolerated the procedure.

1. RESPONSIBILITIES:

The Family Care Unit nurses and the Family Medicine Residency providers are responsible for implementation, maintenance, and compliance with the policy and procedure.

1. REFERENCES:

American College of Obstetricians and Gynecologists. “ACOG strengths LARC recommendations.” <https://www.acog.org/About-ACOG/News-Room/News-Releases/2015/ACOG-Strengthens-LARC-Recommendations>.

Florida Perinatal Quality Collaboration. “Immediate Postpartum Long-Acting Reversible Contraception (LARC).”

https://health.usf.edu/publichealth/chiles/fpqc/larc

***Original with Signature on File in [Insert Department]***

[Insert Signatory’s Name]

[Insert Signatory’s Title]

Policy and Procedure Review and Revision History:

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