

PCAI

Postpartum Contraceptive
Access Initiative

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The American College of
Obstetricians and Gynecologists
WOMEN'S HEALTH CARE PHYSICIANS



Roadmap: How can we support your work?

- Technical assistance
- Resources
- Training

... all for free! 😊



Who are we? The ACOG LARC Program.

The **LARC Program at ACOG** works to improve access to the full range of contraceptive methods in the U.S. by connecting providers, patients, and the public with the most up-to-date information and resources on LARC methods.

www.acog.org/larc



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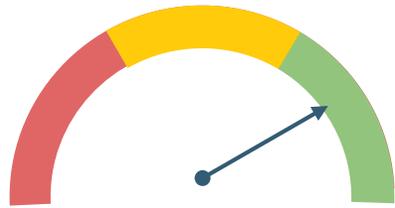
How can we support your work? **Technical assistance.**

LARC Help Desk: www.acog.org/larc

- Submit LARC-related questions at this free, online technical assistance platform
- **Free and open to all**
- Access a knowledge base of resources



Immediate Postpartum LARC Data: What do we know?



Clinical Safety &
Effectiveness

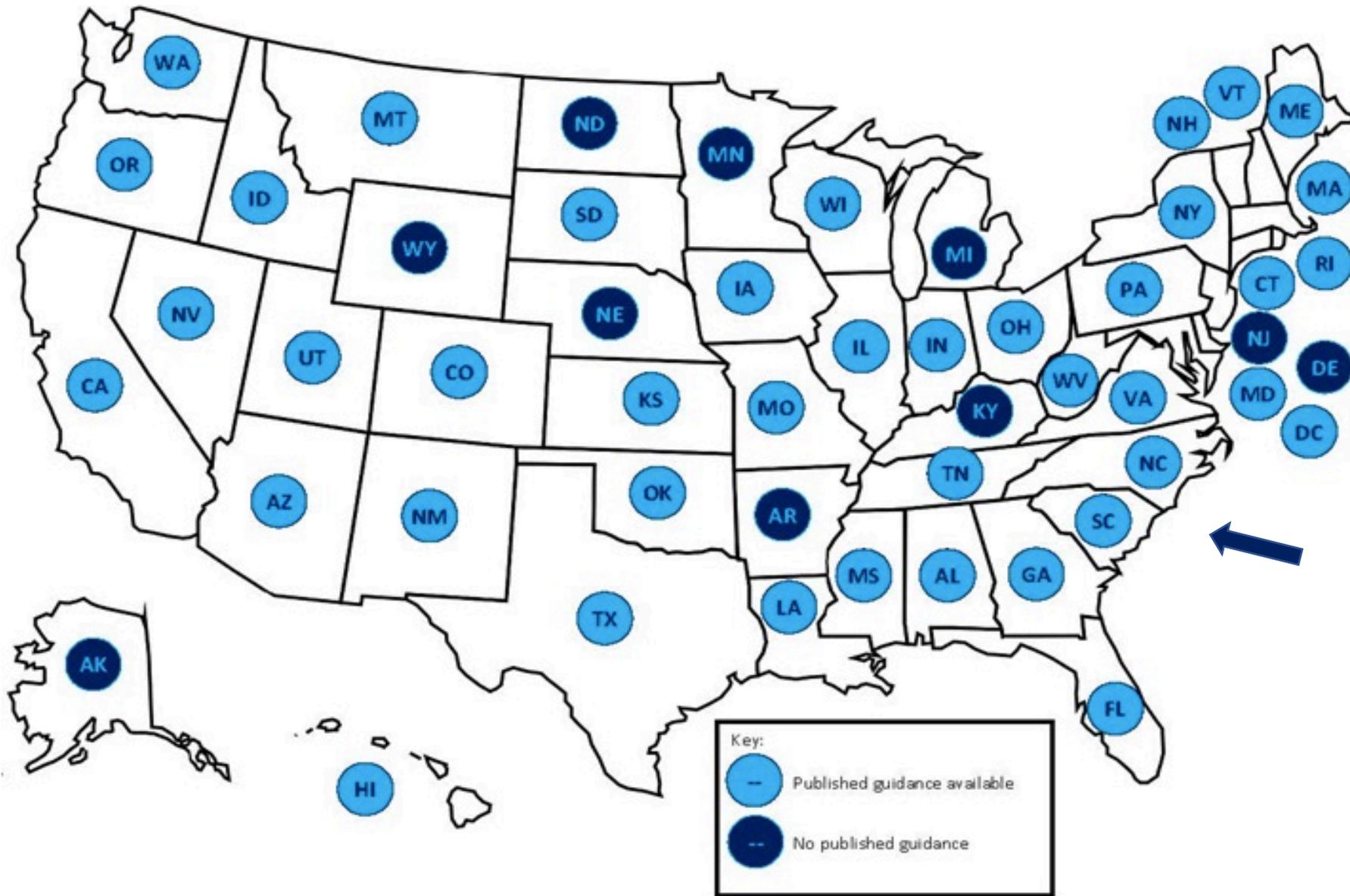


Cost
Outcomes



Implementation

Images courtesy of Michelle Moniz, MD, MSc, FACOG



41 states now have published guidance



Postpartum Contraceptive
Access Initiative

provides training & support

Our mission is to ensure women have access to the full range of contraceptive methods after delivery before leaving the hospital

We provide:

- Onsite, individualized training
- Technical assistance
- Implementation support & resources

www.pcainitiative.org



the **LARC**
program
Long-Acting Reversible Contraception

Why PCAI? Local leadership informs each training.

- **Key program design components:**
 1. Local leadership and insights
 2. Individualized training plan
 3. Comprehensive knowledge and skill building
- **Three-pronged implementation model:**
 1. Setting the stage for implementation
 2. Onsite, hands-on clinical simulation and operational support training
 3. Ongoing support through a web-based resource hub and technical assistance



How can we support your work? **Training.**



Clinical & Operational Support Training

On-site, hands-on IPP LARC training for clinicians & operational systems support



Hands-On Clinical Training – Year 1

- **Provided training to 1,500 people across the country in over 15 states**
- **Partnered with the Choose Well Initiative in South Carolina**
- **Worked with hospitals, health systems, residency programs, perinatal quality collaboratives, and other professional organizations**

Why PCAI? Individualized training options.



- Every training is individualized with training menu
- “Train-the-trainer” training options available
- **Menu of 6 training options:**
 1. Contraceptive counseling
 2. Clinical skills (hands on!)
 3. Capacity building
 4. Nurses
 5. Breastfeeding
 6. Billing, coding & payment

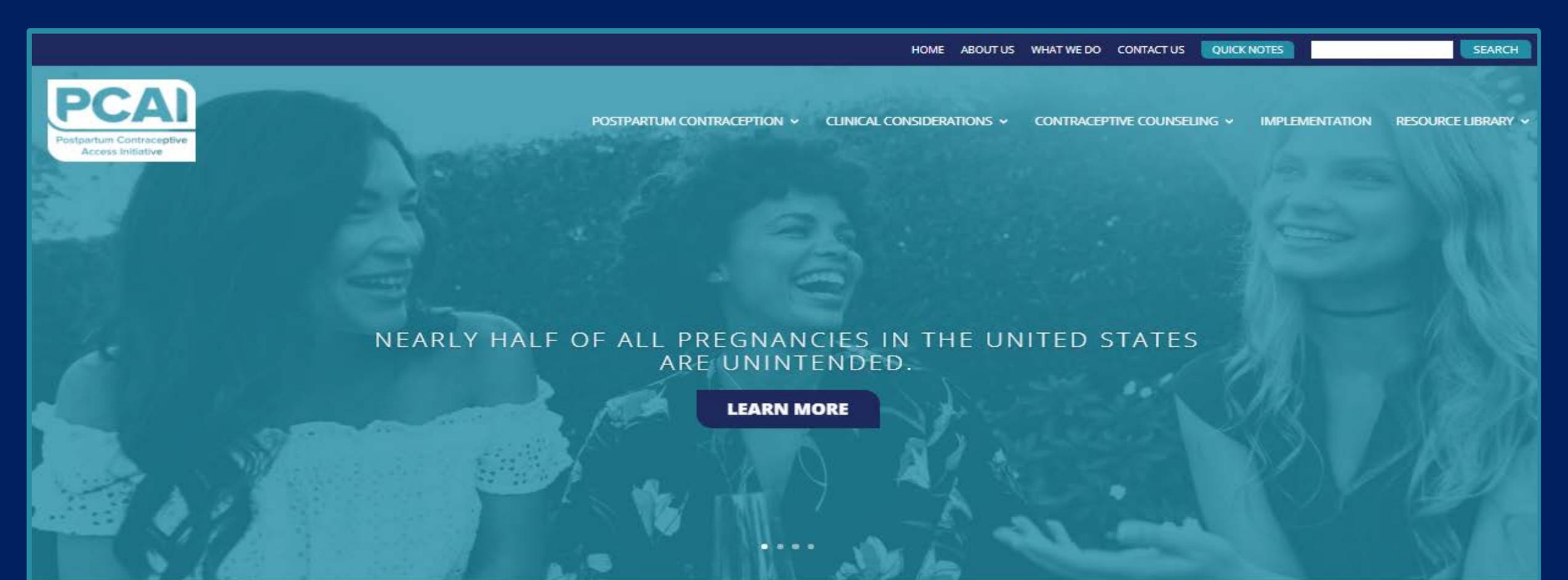
How can we support your work? Resources.



Web-Based & Virtual Resources

Free, open access online hub for IPP LARC resources

www.pcainitiative.org

A large background image showing three women of diverse backgrounds smiling and laughing in an outdoor setting. The image is overlaid with a semi-transparent teal filter. The women are positioned across the frame, with one on the left, one in the center, and one on the right.

NEARLY HALF OF ALL PREGNANCIES IN THE UNITED STATES ARE UNINTENDED.

[LEARN MORE](#)



The **Postpartum Contraceptive Access Initiative** prepares obstetrician–gynecologists and other health care providers to offer the full range of contraceptive methods to women after delivery through comprehensive, individualized trainings.

Expanding access to postpartum initiation of effective contraception, including LARC methods, can empower women to choose a method right for them, and can reduce rapid repeat and unintended pregnancies.

[MORE INFORMATION](#)



ACOG RESOURCES

Clinical Guidance

- 📄 [ACOG Practice Bulletin #186: Long-Acting Reversible Contraception: Implants and Intrauterine Devices](#)
- 📄 [ACOG Committee Opinion #670: Immediate Postpartum Long-Acting Reversible Contraception](#)
- 📄 [ACOG Committee Opinion #672: Clinical Challenges of Long-Acting Reversible Contraceptive Methods](#)
- 📄 [ACOG Committee Opinion #642: Increasing Access to Contraception](#)
- 📄 [ACOG Committee Opinion #615: Access to Contraception](#)
- 📄 [ACOG Committee Opinion #735: Adolescents and Long-Acting Reversible Contraception: Implants and Intrauterine Devices](#)
- 📄 [ACOG Committee Opinion #710: Counseling Adolescents About Contraception](#)
- 📄 [ACOG Committee Opinion #699: Adolescent Pregnancy, Contraception, and Sexual Activity](#)
- 📄 [ACOG Committee Opinion #736: Optimizing Postpartum Care](#)

Learn more about immediate postpartum LARC clinical considerations [here](#)

Training

PowerPoints

Coming Soon!

- [Immediate Postpartum LARC for Clinicians Doing Deliveries](#)
- [The Role of Nursing in Immediate Postpartum LARC Implementation](#)
- [Contraceptive Counseling for the Immediate Postpartum Period](#)
- [Immediate Postpartum Contraception and Breastfeeding](#)

Webinars

- [Immediate Postpartum LARC for Clinicians Doing Deliveries](#)
- [The Role of Nursing in Immediate Postpartum LARC Implementation](#)
- [Contraceptive Counseling for the Immediate Postpartum Period](#)
- [Immediate Postpartum Contraception and Breastfeeding](#)

Videos

- [ACOG LARC Program LARC Video Series](#)
- [ACOG District II LARC: Hospital-Based Physician Initiative Video Series](#)
- [Immediate Postpartum IUD Insertion Videos](#)



OTHER RESOURCES

ADVOCACY & POLICY CONTRACEPTIVE COUNSELING PAYMENT TOOLKITS

Advocacy & Policy

Association of State and Territorial Health Officials

- [Increasing Access to Contraception](#)
- [LARC Learning Community](#)
- [LARC FACT Sheet](#)

Centers for Disease Control and Prevention

- [Medicaid Contraception Return on Investment Tool – Coming Soon!](#)
- [Report: Working with State Health Departments on Emerging Issues in Maternal and Child Health – Immediate Postpartum Long-Acting Reversible Contraception](#)
- [6|18 Initiative: Prevent Unintended Pregnancy](#)

Guttmacher Institute Fact Sheets:

- [Contraceptive Use in the United States](#)
- [Unintended Pregnancy in the United States](#)

[Implementing Immediate Postpartum Long-Acting Reversible Contraception Programs](#)

How can we help?

- Technical assistance
- Resources
- Training

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Questions?

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[More information:](#)
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